



SAINT MARY UNIVERSITY



**DEPARTMENT OF QUALITY AND PRODUCTIVITY
MANAGEMENT**

**THE IMPACT OF KAIZEN IMPLEMENTATION ACROSS MANUFACTURING
INDUSTRIES: THE CASE OF SELECTED ORGANIZATIONS AT MIDROC INVESTMENT
GROUP, MANUFACTURING CLUSTERS.**

By: Robel Solomon

Advisor: Asnake Gudisa (PhD)

Jan, 2024

Addis Ababa, Ethiopia

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**A THESIS PAPER SUBMITTED TO THE DEPARTMENT OF QUALITY AND
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REQUIREMENTS FOR THE AWARD OF MASTER OF ARTS IN QUALITY
AND PRODUCTIVITY MANAGEMENT**

Jan, 2024

Addis Ababa, Ethiopia

DECLARATION

I, Robel Solomon, hereby declare that this thesis titled *"THE IMPACT OF KAIZEN IMPLEMENTATION ACROSS MANUFACTURING INDUSTRIES: THE CASE OF SELECTED ORGANIZATIONS AT MIDROC INVESTMENT GROUP, MANUFACTURING CLUSTERS"* is my original work, carried out under the supervision of Asnake Gudisa (PhD) at the Department of Quality and Productivity Management, Saint Mary University, Addis Ababa, Ethiopia. This work has not been submitted for any other degree or diploma at any institution.

All sources of information and data used in this thesis have been duly acknowledged, and proper citations have been provided. I confirm that this research has been conducted in full compliance with ethical research standards, ensuring academic integrity and honesty throughout the process.

Robel Solomon

Student Researcher

Signature

Date

ADVISOR APPROVAL SHEET

This is to certify that the thesis titled *"THE IMPACT OF KAIZEN IMPLEMENTATION ACROSS MANUFACTURING INDUSTRIES: THE CASE OF SELECTED ORGANIZATIONS AT MIDROC INVESTMENT GROUP, MANUFACTURING CLUSTERS "* submitted by Robel Solomon in partial fulfillment of the requirements for the degree of Master of Arts in Quality and Productivity Management at Saint Mary University, is an original work carried out under my supervision.

I hereby approve this thesis and recommend it for acceptance.

Asnake Gudisa (PhD)

Advisor

Signature

Date

BOARD OF EXAMINERS APPROVAL SHEET

This is to certify that the thesis titled *"THE IMPACT OF KAIZEN IMPLEMENTATION ACROSS MANUFACTURING INDUSTRIES: THE CASE OF SELECTED ORGANIZATIONS AT MIDROC INVESTMENT GROUP, MANUFACTURING CLUSTERS"* submitted by Robel Solomon in partial fulfilment of the requirements for the degree of Master of Arts in Quality and Productivity Management at Saint Mary University, has been reviewed and approved by the following members of the Board of Examiners.

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DEDICATION AND ACKNOWLEDGEMENTS

DEDICATION

This paper is dedicated to my beloved mother, Tsehay Ayalew (Aye), whose love, guidance and unwavering support shaped me to the person I am today. Though you are no longer physically with me, your spirit lives on in everything I do. Your wisdom, encouragement and belief in me provided the foundation for the person I have become and every step I take in life.

I will carry your memory with me always, and this research is a testament to your enduring influence on my life even during this challenging time. Thank you for being my greatest source of strength, inspiration and love, you are forever in my heart.

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ACRONYMS/ ABBREVIATIONS

- ANOVA – Analysis of Variance
- BPM – Business Process Management
- BPM – Business Process Management
- BSC – Balanced Scorecard
- CI – Continuous Improvement
- CMMI – Capability Maturity Model Integration
- CSF – Critical Success Factors
- FMEA – Failure Mode and Effects Analysis
- FTE – Full-Time Equivalent
- HRM – Human Resource Management
- ISO – International Organization for Standardization
- Kaizen – Continuous Improvement (from Japanese "Kai" meaning change and "Zen" meaning good)
- KPIs – Key Performance Indicators
- MIDROC – Mohammed International Development Research and Organization Companies
- OE – Organizational Efficiency
- OEE – Overall Equipment Effectiveness
- PMI – Project Management Institute
- R&D – Research and Development
- R-Square – Coefficient of Determination
- SIPOC – Suppliers, Inputs, Process, Outputs, Customers (Process Improvement Tool)
- SPSS – Statistical Package for the Social Sciences
- TQM – Total Quality Management
- TQM – Total Quality Management
- VIF – Variance Inflation Factor

ABSTRACT

This study explores the implementation of Kaizen principles and their role in fostering continuous improvement within the manufacturing cluster of MIDROC Investment Group, focusing on Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. Kaizen, known for enhancing operational efficiency and minimizing waste, holds significant potential for the manufacturing sector. However, its adoption in Ethiopia faces various challenges. The study identifies key factors influencing successful Kaizen implementation, including leadership commitment, robust measurement and evaluation systems, and employee involvement. A mixed-methods research design was employed, combining quantitative and qualitative approaches. Quantitative data were collected through structured questionnaires administered to employees across different departments. Qualitative data were gathered through semi-structured interviews and focus group discussions with managers and team leaders. Descriptive statistics, correlation analysis, and multiple regression techniques were used to analyze the quantitative data, while thematic analysis was applied to the qualitative findings. The results revealed moderate levels of Kaizen implementation, with a mean score of 3.92 across departments. Correlation analysis showed a strong positive relationship between Kaizen implementation and performance measurement ($r = 0.830$, $p < 0.01$), while regression analysis highlighted the significant roles of leadership commitment ($B = 1.229$, $p < 0.001$) and employee involvement ($B = -0.892$, $p = 0.003$). Qualitative findings further emphasized challenges such as resistance to change and limited training. The study concludes that successful Kaizen implementation requires strong leadership, effective evaluation systems, and active employee engagement. Recommendations include targeted training programs, enhanced communication strategies, and the establishment of clear performance metrics. This research provides practical insights for policymakers and practitioners seeking to improve manufacturing competitiveness in Ethiopia.

Keywords: Kaizen, Leadership, Employee, Performance, Manufacturing, Efficiency, MIDROC

CHAPTER ONE

INTRODUCTION

1.1. Background of the Study

Globally, the manufacturing sector is a cornerstone of economic development, fostering industrialization, technological advancement, and job creation. In Ethiopia, the sector is viewed as a critical driver of the country's aspirations to become a middle-income economy, as articulated in its Growth and Transformation Plans (GTP II) (National Planning Commission, 2016). Despite its strategic importance, the Ethiopian manufacturing sector faces significant challenges, including low productivity, inefficiencies, and limited technological adoption (UNIDO, 2017). To address these issues, the adoption of innovative and systematic improvement methodologies, such as Kaizen, has gained prominence in recent years.

Kaizen, meaning "change for the better," originated in post-World War II Japan and emphasizes small, incremental changes that collectively result in significant improvements (Imai, 2015). Unlike traditional top-down management approaches, Kaizen involves all employees, fostering a participatory culture of improvement (Suzaki, 2015). Its principles of continuous improvement, waste elimination, and employee engagement align closely with the dynamic demands of the manufacturing industry. Recent studies have demonstrated Kaizen's effectiveness in enhancing productivity, reducing costs, and improving employee satisfaction in diverse industrial contexts (Hossain et al., 2020).

Ethiopia has recognized the transformative potential of Kaizen and has institutionalized its application through the establishment of the Ethiopian Kaizen Institute (EKI). Since its launch in 2011, the EKI has worked to integrate Kaizen into the country's industrial framework, supporting various manufacturing firms in implementing the philosophy (EKI, 2021). Notable successes have been reported, including significant improvements in efficiency, cost reduction, and employee participation (UNDP, 2018). However, the application of Kaizen remains inconsistent, with variations attributed to factors such as organizational culture, leadership support, and operational diversity.

MIDROC Investment Group, Ethiopia's largest conglomerate, plays a pivotal role in the country's industrial growth through its Manufacturing Cluster, which encompasses industries such as tire production, pharmaceuticals, food processing, and construction materials (MIDROC Ethiopia, 2020). The cluster has been instrumental in addressing the country's growing demand for industrial products. However, it faces challenges including operational inefficiencies, inconsistent quality, and limited

adoption of systematic improvement frameworks. Adopting Kaizen within this cluster represents a strategic opportunity to address these challenges and drive sustained operational excellence.

Given the diversity of industries within the Manufacturing Cluster, tailoring Kaizen to fit the unique needs of each sector is crucial. For instance, pharmaceutical manufacturing may prioritize stringent quality control, while tire production may focus on waste reduction and process efficiency. This research aims to explore how Kaizen principles can be customized and effectively implemented across selected organizations within the MIDROC Manufacturing Cluster. By addressing these aspects, the study seeks to provide actionable insights for fostering continuous improvement and enhancing organizational performance.

This research contributes to the broader discourse on operational excellence by demonstrating the relevance and adaptability of Kaizen in Ethiopia's manufacturing sector. The findings are expected to benefit not only MIDROC but also other Ethiopian manufacturing entities seeking to enhance their competitiveness and sustainability in an increasingly dynamic industrial landscape.

1.2. Statement of the Research Problem

In today's rapidly evolving manufacturing landscape, continuous improvement is a fundamental requirement for maintaining competitiveness and sustaining growth. Ethiopia's manufacturing sector, despite being a pivotal contributor to industrial development, is hindered by persistent challenges such as low productivity, inefficiencies, and quality inconsistencies (UNIDO, 2017). While the Kaizen philosophy has been introduced in the Ethiopian context through the Ethiopian Kaizen Institute (EKI), its adoption and impact vary significantly across industries, highlighting critical gaps in its effective implementation (EKI, 2021).

MIDROC Investment Group, one of Ethiopia's largest conglomerates, operates diverse Manufacturing Cluster encompassing industries such as pharmaceuticals, tire production, food processing, and construction materials (MIDROC Ethiopia, 2020). Despite its substantial economic role, the cluster faces operational inefficiencies, waste, and inconsistent performance across its entities. While Kaizen offers a proven framework for addressing these challenges, several critical gaps impede its effective application within this context:

Successful Kaizen implementation requires a culture of collaboration and continuous improvement. However, the Manufacturing Cluster within MIDROC Investment Group faces challenges stemming from variations in organizational culture and resistance to change among employees and management.

These factors hinder the full adoption of Kaizen principles, limiting its potential to drive sustainable improvements.

Although Kaizen is a universally applicable philosophy, its success depends on tailoring its principles to the specific operational and cultural contexts of each industry. MIDROC's Manufacturing Cluster encompasses a diverse portfolio, ranging from pharmaceutical production to leather processing. This diversity necessitates nuanced approaches, yet there is limited evidence on the effective customization of Kaizen practices within these industries.

Leadership commitment is a cornerstone of successful Kaizen initiatives. However, within MIDROC's Manufacturing Cluster, inconsistencies in leadership engagement and alignment with Kaizen principles undermine the ability to achieve sustained improvement. Strong leadership support is essential to fostering an environment conducive to continuous improvement and collaboration.

Another significant challenge lies in the measurement and evaluation of Kaizen's impact. There is a lack of clear key performance indicators (KPIs) to assess improvements in areas such as productivity, waste reduction, and employee engagement. This gap makes it difficult to evaluate and replicate successful Kaizen implementations across the diverse entities within the Manufacturing Cluster.

Employee involvement is a critical driver of Kaizen's success, as the philosophy emphasizes the importance of engaging every individual in the improvement process. However, many employees within MIDROC's Manufacturing Cluster lack the necessary training and empowerment to contribute effectively to Kaizen initiatives. This limits the philosophy's overall effectiveness and potential for driving meaningful change.

These challenges highlight the need for systematic research to explore and address the gaps in Kaizen implementation within MIDROC's Manufacturing Cluster. Understanding the barriers, opportunities, and required contextual adaptations is crucial for fostering a culture of continuous improvement and operational excellence in Ethiopia's manufacturing sector.

This study seeks to bridge these gaps by examining the integral application of Kaizen principles across selected organizations within MIDROC's Manufacturing Cluster. The findings will provide actionable insights for overcoming challenges, tailoring Kaizen to diverse industrial contexts, and developing a strategic framework for continuous improvement.

1.3. Research Questions

This paper aimed to address the research questions stated in the problem statement as follow:

1. How does leadership commitment affect the implementation and long-term sustainability of Kaizen practices in manufacturing organizations?
2. What are the best practices for measuring and evaluating the impact of Kaizen on organizational performance, particularly in terms of productivity, waste reduction, and efficiency?
3. To what extent does employee involvement contribute to the effectiveness and sustainability of Kaizen initiatives?

1.4. Objectives of the Study

1.4.1. General Objective

To investigate the implementation of Kaizen principles and their contribution to continuous improvement across manufacturing industries in selected organizations under the MIDROC Investment Group manufacturing clusters, with an integral focus on leadership commitment, measurement and evaluation of Kaizen's impact, and employee involvement.

1.4.2. Specific Objectives

1. To assess the role of leadership commitment in driving the successful adoption and sustainability of Kaizen principles in manufacturing organizations.
2. To evaluate the effectiveness of measurement and evaluation systems in tracking the impact of Kaizen on productivity, waste reduction, and operational efficiency.
3. To analyse the influence of employee involvement in fostering a culture of continuous improvement and innovation through Kaizen initiatives

1.5. Significance of the Study

This study is particularly significant for the selected organizations—Horizon Addis Tyre Manufacturing P.L.C (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. The findings will provide actionable recommendations to enhance the effectiveness of Kaizen practices, fostering a culture of continuous improvement and operational efficiency. By implementing these insights, the organizations can optimize productivity, reduce waste, and maintain a competitive advantage in their respective industries.

For the broader manufacturing industry in Ethiopia, this study contributes valuable knowledge on how

Kaizen principles can be adapted to diverse operational contexts. It serves as a reference for other manufacturing entities aiming to adopt similar continuous improvement strategies, thereby promoting best practices across the sector.

For researchers and academics, this study addresses critical gaps in the existing literature regarding the application of Kaizen in developing economies, particularly in Ethiopia. The findings will enrich the academic discourse and provide a foundation for future research on operational excellence and continuous improvement methodologies.

Policymakers will also benefit from the insights this study offers, particularly in understanding the role of leadership, organizational culture, and employee engagement in driving industrial development. These insights can guide the formulation of initiatives and policies aimed at fostering Kaizen adoption, thereby enhancing productivity and competitiveness within Ethiopia's manufacturing sector.

Finally, for employees, this study underscores their integral role in Kaizen initiatives. By emphasizing the importance of engagement and empowerment, the research highlights how employees' contributions can lead to meaningful organizational improvements, potentially boosting job satisfaction and creating a more inclusive workplace environment.

1.6. Scope of the Study

This study is focused on understanding the critical factors that influence the implementation and sustainability of Kaizen practices in manufacturing organizations. The research specifically investigates three key areas: leadership commitment, the measurement and evaluation of Kaizen's impact, and employee involvement. These thematic areas provide a comprehensive understanding of how organizations can effectively adopt and sustain Kaizen principles to achieve continuous improvement.

In terms of geographical scope, the study is confined to two selected manufacturing organizations located in Addis Ababa, Ethiopia: Horizon Addis Tyre Manufacturing P.L.C (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. These organizations were chosen due to their engagement in Kaizen initiatives and their potential to provide insights into the challenges and opportunities of Kaizen in the Ethiopian manufacturing context.

The methodological scope of the research involves a mixed-methods approach. Quantitative data will be collected through structured surveys targeting employees and managers involved in Kaizen initiatives. This will be complemented by qualitative data gathered through interviews and focus group

discussions, providing a holistic view of the factors affecting Kaizen implementation and outcomes.

Temporally, the study covers the period from 2022 to 2024. This timeframe was selected to capture recent trends and developments in Kaizen adoption and to evaluate the outcomes of initiatives implemented during this period.

Conceptually, the study is rooted in the principles of Kaizen, as well as theories of continuous improvement, organizational behaviour, and performance management. While the focus is on Kaizen, references to other methodologies, such as Six Sigma or Total Quality Management, are made only for comparative purposes when necessary. The study does not delve into these other improvement philosophies in detail.

By establishing clear thematic, geographical, methodological, temporal, and conceptual boundaries, this scope ensures a focused and in-depth analysis of the factors influencing Kaizen's implementation and outcomes in the selected organizations.

1.7. Limitation of the Study

This study had several limitations. It focused only on two organizations within MIDROC Investment Group's Manufacturing Cluster—Horizon Addis Tyre Manufacturing P.L.C and Pharmacure Pharmaceutical Manufacturing P.L.C—limiting the generalizability of the findings to other sectors or organizations. The research was confined to Ethiopia, and the results may not fully apply to different cultural or industrial contexts.

Additionally, the study analysed Kaizen practices implemented between 2018 and 2023, which excluded long-term impacts or trends beyond this period. Data collection relied on inputs from employees and management, which may have been influenced by biases in perception. Resource constraints also limited the extent of on-site observations, potentially affecting the depth of analysis.

Despite these limitations, the study provided valuable insights into Kaizen implementation and laid a foundation for future research in the field.

1.8. Operational Definitions

- **Kaizen:** A Japanese term meaning "change for the better" or "continuous improvement." It involves making small, incremental changes in processes, products, and services to improve efficiency, reduce waste, and increase productivity. Kaizen is applied through employee engagement at all levels of an organization (Imai, 2012; Liker, 2014).

- **Manufacturing Cluster:** A group of interrelated manufacturing companies operating within a defined network, sharing resources and best practices to enhance efficiency and competitiveness (Porter, 1998).
- **Horizon Addis Tyre Manufacturing P.L.C (HATMPLC):** A company under MIDROC Investment Group focused on the production of tires and related products. This company represents a sector within the manufacturing cluster that utilizes Kaizen for operational improvement.
- **Pharmacure Pharmaceutical Manufacturing P.L.C:** A company under MIDROC Investment Group that manufactures pharmaceutical products, where Kaizen principles are applied to improve manufacturing processes and product quality.
- **Continuous Improvement:** The on-going effort to improve products, services, or processes by making small, incremental changes. It is central to methodologies like Kaizen, Lean, and Six Sigma and is often linked to enhanced organizational performance (Deming, 2017; Womack & Jones, 2003).
- **Leadership Alignment:** The degree to which leadership within an organization supports, advocates for, and aligns their strategies with Kaizen principles. Effective leadership alignment is crucial for the successful implementation of Kaizen practices (Bessant & Caffyn, 2017).
- **Employee Empowerment:** The practice of giving employees the autonomy, responsibility, and authority to make decisions and contribute to organizational improvements. Empowered employees are key drivers in continuous improvement processes (Thomas & Velthouse, 1990; Spreitzer, 1995).
- **Key Performance Indicators (KPIs):** Quantifiable measures used to evaluate the effectiveness of an organization's activities. In the context of Kaizen, KPIs are used to assess improvements in areas such as productivity, quality, waste reduction, and employee engagement (Kaplan & Norton, 1996).
- **Cultural Resistance:** Resistance to change stemming from an organization's existing culture, which may impede the adoption of new practices like Kaizen. Overcoming cultural resistance is essential for the successful integration of continuous improvement practices (Kotter, 1996).
- **Operational Efficiency:** The ability to use the least amount of resources (time, labor, materials) to produce high-quality goods or services. Operational efficiency is a core objective of Kaizen, aimed at optimizing processes and reducing waste (Ohno, 1988; Womack & Jones, 2003).

1.9. Organization of the Research Report

The research report is structured into five chapters, each focusing on a specific aspect of the study.

Chapter one introduces the study, providing the background, statement of the problem, research objectives, research questions, significance, scope, and limitations. It sets the context for the research and outlines the rationale for investigating Kaizen implementation within MIDROC Investment Group's Manufacturing Cluster.

Chapter Two reviews relevant literature on Kaizen, continuous improvement, and its application in various manufacturing sectors. It discusses theoretical frameworks, previous studies, best practices, and identifies gaps in the literature, especially in the context of Ethiopian manufacturing industries.

Chapter Three outlines the research design and methodology, detailing the research approach, data collection methods, sampling techniques, and tools for analysis. It also addresses the ethical considerations, reliability, and validity of the research.

Chapter Four presents the analysis and interpretation of the data collected from selected organizations in the MIDROC Manufacturing Cluster. The findings are analysed both qualitatively and quantitatively to assess the impact of Kaizen principles on operational processes and performance.

Chapter Five summarizes the research findings, presents conclusions based on the results, and offers recommendations for improving Kaizen implementation in the selected organizations. It also discusses the implications for future research in continuous improvement within Ethiopian manufacturing industries.

Each chapter is designed to build upon the previous one, leading to a comprehensive understanding of Kaizen's role in enhancing operational efficiency and promoting continuous improvement within the manufacturing sector.

CHAPTER TWO

REVIEW OF RELATED LITERATURE

2.1. Theoretical Review of Related Literature

The theoretical review of related literature provides an in-depth exploration of the key principles, tools, and applications of Kaizen, examining its theoretical underpinnings and relevance in various manufacturing sectors, including the Ethiopian manufacturing context. This review serves as the foundation for understanding Kaizen's role in driving continuous improvement, productivity, and quality enhancement in organizations.

2.1.1. The Evolution of Kaizen

Kaizen, a Japanese philosophy that translates to "change for the better," is fundamentally a continuous improvement mindset that permeates every level of an organization. The concept, derived from the Japanese words "kai" (change) and "zen" (good), emphasizes gradual, incremental improvements rather than radical or large-scale changes. Kaizen's roots trace back to post-World War II Japan, particularly in the aftermath of the devastation that led to a desperate need for efficiency and productivity in various industries. The principle gained global recognition as it was incorporated into the Toyota Production System (TPS), which revolutionized the automotive industry by optimizing production processes, reducing waste, and increasing efficiency (Liker, 2019).

Initially, Kaizen was applied primarily within the manufacturing sector, but its principles have since been adapted and implemented across a variety of industries, including healthcare, service sectors, and even software development. The philosophy focuses on long-term improvement through the consistent application of small, manageable changes, which cumulatively result in significant enhancements in productivity, quality, and employee satisfaction (Tortorella & Fogliatto, 2017). Kaizen's emphasis on participation and involvement at all levels of the organization makes it distinct from other management philosophies, fostering a culture of continuous innovation and engagement.

Throughout its evolution, Kaizen has expanded from a set of operational tools to a more holistic management approach, influencing the overall organizational culture. This cultural shift is critical, as Kaizen requires the commitment of leadership and active participation from employees, ensuring that improvements are not just technical but also cultural and behavioral (Liker, 2019; Womack & Jones, 2017).

2.1.2. Critical Analysis of Kaizen

Kaizen, derived from the Japanese words "Kai" (change) and "Zen" (better), translates to "continuous improvement" and serves as a fundamental philosophy in modern organizational management. Initially popularized by Masaaki Imai in his book *Kaizen: The Key to Japan's Competitive Success* (1986), this approach emphasizes small, incremental improvements that collectively lead to significant enhancements in productivity, efficiency, and quality. Unlike large-scale, one-time changes, Kaizen focuses on ongoing refinements through employee engagement, systematic problem-solving, and performance monitoring (Imai, 1986).

Organizations across various industries, including manufacturing, healthcare, and services, have adopted Kaizen to streamline processes and optimize resources. The core principle of Kaizen is that improvement should be a continuous effort rather than a sporadic initiative. By embedding a culture of continuous improvement, businesses can sustain competitive advantages, minimize operational inefficiencies, and enhance customer satisfaction (Liker, 2004). Many successful companies, including Toyota, have incorporated Kaizen into their operational strategies, demonstrating its effectiveness in long-term growth and development (Ohno, 1988).

2.1.3. Key Components of Kaizen

The successful implementation of Kaizen depends on several critical factors, each playing a significant role in driving organizational change and sustainability.

One of the primary components of Kaizen is leadership commitment, which involves aligning organizational vision and strategic goals with continuous improvement efforts. Top management must actively support and encourage Kaizen initiatives by allocating resources, recognizing employee contributions, and ensuring that improvement efforts align with the company's long-term objectives (Singh & Singh, 2009). Without strong leadership, Kaizen efforts may lose momentum, leading to ineffective execution and minimal impact.

Another essential aspect of Kaizen is employee involvement, which encourages workers at all levels to participate in identifying inefficiencies and proposing solutions. Employees are often the closest to operational challenges and, when empowered, can contribute valuable insights that drive improvements (Bessant & Caffyn, 1997). Techniques such as suggestion systems, team problem-solving sessions, and Kaizen events help foster a culture of innovation and engagement. Organizations that prioritize employee participation in Kaizen tend to experience higher job satisfaction, lower turnover rates, and increased productivity (Terziovski & Sohal, 2000).

Additionally, measurement and evaluation play a crucial role in determining the effectiveness of Kaizen initiatives. Organizations implement Key Performance Indicators (KPIs) to track progress, assess the impact of changes, and ensure that improvements align with business objectives. Continuous feedback loops, periodic assessments, and structured reviews allow companies to refine their approaches and sustain long-term benefits (Anand et al., 2009). Without proper monitoring, Kaizen efforts risk becoming short-lived or failing to yield tangible outcomes.

2.1.4. Critical Analysis of Kaizen

While Kaizen has been successfully implemented in various industries, several challenges hinder its effectiveness. One of the primary success factors in Kaizen adoption is strong leadership support. Research suggests that organizations where leadership actively drives and supports continuous improvement initiatives experience more sustainable results (Bhuiyan & Baghel, 2005). Without executive buy-in, Kaizen efforts may be perceived as low-priority and struggle to gain traction.

However, Kaizen also faces challenges, including resistance to change. Employees accustomed to traditional workflows may resist new improvement initiatives due to fear of increased workload, uncertainty, or skepticism about the benefits of continuous change (Glover et al., 2011). Overcoming this resistance requires effective communication, clear goal-setting, and ongoing training to ensure that employees understand and appreciate the value of Kaizen.

Another limitation of Kaizen is the difficulty in sustaining improvements. While short-term gains are often observed, maintaining long-term momentum requires a well-structured framework and a commitment to continuous learning (Singh & Singh, 2009). Some organizations implement Kaizen enthusiastically at first but later struggle to sustain improvements due to shifting priorities, resource constraints, or lack of long-term vision.

Furthermore, a comparison between Kaizen and other improvement methodologies highlights both its strengths and weaknesses. Unlike Six Sigma, which focuses on reducing defects using statistical analysis, Kaizen emphasizes gradual, people-driven changes (Antony et al., 2003). Some studies suggest that integrating Kaizen with Lean Six Sigma can enhance overall operational efficiency by combining structured data-driven improvements with the flexibility of continuous adaptation (Drohomeretski et al., 2014). While Kaizen promotes inclusivity and widespread employee participation, its lack of rigorous statistical methodology can sometimes limit its ability to address deeply rooted inefficiencies.

Kaizen remains a highly effective management approach for fostering continuous improvement and operational efficiency. Its focus on incremental change, employee engagement, and leadership commitment has helped organizations across industries achieve sustainable success. However, the effectiveness of Kaizen is contingent on proper implementation, consistent monitoring, and long-term commitment from all levels of an organization.

Despite its advantages, Kaizen faces challenges such as resistance to change, difficulty in sustaining improvements, and the need for strong leadership support. Organizations that successfully navigate these obstacles can reap significant benefits, including enhanced productivity, cost savings, and improved workplace culture. Future research could explore how combining Kaizen with other methodologies, such as Lean and Six Sigma, can further strengthen its impact and applicability in different industries.

Ultimately, Kaizen's core philosophy—that small, continuous improvements lead to significant long-term results—remains a valuable lesson for organizations striving for excellence in an ever-evolving business environment. By fostering a culture of continuous learning and improvement, businesses can ensure sustained success and adaptability in the face of industry challenges.

2.1.5. Core Principles of Kaizen

At its core, Kaizen rests on several fundamental principles that guide organizations through their continuous improvement journey. These principles are based on the belief that small, consistent improvements over time are more sustainable and impactful than large-scale, abrupt changes. Each principle reinforces Kaizen's overarching objective of improving quality, efficiency, and employee satisfaction, while eliminating waste and enhancing organizational culture (Sánchez & Rodríguez, 2020).

One of the most essential principles of Kaizen is continuous improvement. Unlike other management philosophies that may advocate for periodic overhauls, Kaizen focuses on making small, incremental improvements on a regular basis. These improvements may seem minor individually, but over time, they lead to substantial improvements in efficiency, productivity, and quality. As Deming (2019) notes, Kaizen aligns with his philosophy of continuous improvement through constant cycles of planning, testing, and refining processes.

Another key principle is employee involvement. Kaizen places a strong emphasis on engaging every level of the organization in the process of identifying problems and implementing solutions. This principle is built on the belief that employees, regardless of their rank or position,

possess valuable insights into the daily workings of the organization and are best positioned to identify areas for improvement. This participatory approach encourages a culture of collaboration, where employees are empowered to propose ideas, make decisions, and take ownership of improvements (Anand & Singh, 2019). This level of involvement helps to increase job satisfaction and foster a sense of belonging and accountability within the workforce.

The principle of waste reduction (known as "muda" in Japanese) is also central to Kaizen. Waste is defined as any activity that consumes resources but does not add value to the product or service. Kaizen identifies seven types of waste: overproduction, waiting, unnecessary transportation, inappropriate processing, excess inventory, unnecessary motion, and defects. By systematically identifying and eliminating waste in all its forms, organizations can improve operational efficiency, reduce costs, and enhance the value delivered to customers (Tortorella et al., 2019).

Standardization is another crucial principle within Kaizen. Once improvements have been made, Kaizen encourages the development of standardized procedures and systems to ensure that these improvements are maintained over time. Standardization provides consistency across operations, allowing best practices to be replicated and refined. Moreover, standardized processes create a stable foundation upon which further improvements can be built, facilitating continuous progress (Liker, 2019).

Finally, problem-solving is a key element of Kaizen. Kaizen encourages organizations to engage in systematic problem-solving that addresses the root causes of issues rather than just treating their symptoms. This often involves techniques such as the "5 Whys" (asking "why" five times to trace the cause of an issue) or fishbone diagrams (also known as Ishikawa diagrams), which help identify underlying causes and provide a structured approach to developing long-lasting solutions (Sánchez & Rodríguez, 2020).

2.1.6. Kaizen Tools and Techniques

To implement its principles effectively, Kaizen employs a variety of tools and techniques designed to identify inefficiencies, streamline processes, and facilitate continuous improvement. These tools help organizations analyse their operations, monitor progress, and ensure that improvements are sustained over time (Tortorella & Fogliatto, 2017).

One of the most well-known tools within Kaizen is the 5S methodology. The 5S system is a workplace organization technique designed to increase efficiency and safety. It consists of five

steps: Sort, Set in Order, Shine, Standardize, and Sustain. The first step, "Sort," involves removing unnecessary items from the workplace, thereby reducing clutter and distractions. "Set in Order" focuses on organizing the workplace so that tools and materials are easy to find and use. "Shine" involves cleaning the workspace to ensure a safe and productive environment. "Standardize" creates consistent practices to maintain order and cleanliness. Finally, "Sustain" ensures that these improvements are maintained and become ingrained in the company culture (Sánchez & Rodríguez, 2020).

Another critical tool is Value Stream Mapping (VSM). VSM is a visual tool that helps organizations analyse and optimize the flow of materials, information, and activities within a production process. By mapping the entire value stream, organizations can identify inefficiencies, bottlenecks, and areas where waste occurs. This visual representation allows for targeted improvements that can reduce cycle times and enhance overall productivity (Tortorella et al., 2019).

The PDCA (Plan-Do-Check-Act) cycle is also fundamental to Kaizen's approach to continuous improvement. The PDCA cycle is a structured method for testing changes and ensuring that they lead to improvements. It consists of four stages: planning the change, implementing it on a small scale, checking the results, and acting on the findings. This iterative process helps organizations refine their practices and ensure that improvements are sustainable (Deming, 2019).

A3 thinking is another structured approach used in Kaizen for problem-solving. It involves documenting the problem, analysing its root causes, proposing solutions, and creating an action plan, all on a single sheet of paper (A3-sized). This concise format ensures that all aspects of the problem are addressed and that the solution is communicated clearly across the organization (Anand & Singh, 2019).

Finally, Kaizen Blitz refers to short-term, focused improvement events. These events typically last a few days and bring together cross-functional teams to address specific issues intensively. Kaizen Blitz is often used when rapid changes are necessary, or when a quick resolution is needed to a pressing problem. Despite the short duration, Kaizen Blitz events can lead to significant improvements in a very short time (Tortorella et al., 2019).

2.1.7. Challenges in Kaizen Implementation

While Kaizen offers many benefits, its implementation is not without challenges. One of the most significant barriers is cultural resistance. Organizations that have entrenched hierarchical

structures or rigid processes may find it difficult to adopt Kaizen's emphasis on employee participation and bottom-up decision-making. Overcoming this resistance requires strong leadership, clear communication, and a long-term commitment to building a culture that values continuous improvement and employee involvement (Sánchez & Rodríguez, 2020).

Another major challenge is the commitment of leadership. Without the active support of top management, Kaizen efforts can falter. Leaders must not only promote Kaizen but also model the behaviors that support continuous improvement. This includes allocating resources for training, empowering employees to make decisions, and creating an environment where innovation is encouraged and rewarded (Liker, 2019).

Employee empowerment is another critical factor. Kaizen requires employees to take an active role in identifying and solving problems, but this cannot happen if employees feel that they lack the authority or support to make changes. Providing employees with the necessary training and giving them the autonomy to act on their ideas is essential for Kaizen's success (Anand & Singh, 2019).

Contextual adaptation is another challenge when implementing Kaizen. While the core principles of Kaizen are universally applicable, each organization operates in a unique context. Manufacturing sectors, for example, face different challenges depending on the industry in which they operate, such as pharmaceuticals versus electronics. Kaizen practices must be tailored to fit the specific needs and challenges of each organization to achieve optimal results (Tortorella & Fogliatto, 2017).

Finally, sustaining improvements over time can be difficult. Even after successful Kaizen initiatives, organizations may struggle to maintain the changes made. It is essential to establish mechanisms for monitoring progress, reinforcing improvements, and continually refining practices to ensure that the benefits of Kaizen are sustained. Without regular follow-up and continuous reassessment, the improvements achieved through Kaizen can quickly fade (Tortorella et al., 2019).

2.2. Empirical Review of Related Literature

The empirical review of related literature focuses on the application of Kaizen in Ethiopian industries, especially within the manufacturing sector. Various studies have examined how Kaizen practices have been adopted, the challenges faced during implementation, and the impact of Kaizen on productivity, efficiency, and employee engagement in Ethiopia. This review

synthesizes key findings from relevant Ethiopian research studies.

2.2.1. Kaizen Implementation in Ethiopian Manufacturing Firms

In Ethiopia, the application of Kaizen in manufacturing has garnered attention, with several studies focusing on how Kaizen principles are integrated into business operations. Mamo and Kenea (2019) conducted a study on Kaizen's impact on manufacturing firms in Addis Ababa. Their research found that Kaizen implementation resulted in notable improvements in process efficiency, reduced operational costs, and enhanced product quality. However, they also identified significant barriers such as resistance to change, insufficient training, and inadequate leadership commitment, which hindered the full-scale application of Kaizen principles.

Similarly, Tefera and Fikru (2020) explored the implementation of Kaizen in Ethiopia's textile and garment industry. The study concluded that although Kaizen was successfully implemented in some firms, others faced difficulties due to a lack of skilled personnel and resources. The researchers stressed the importance of leadership commitment and effective training programs to ensure the success and sustainability of Kaizen in the Ethiopian manufacturing context.

2.2.2. Challenges in Adopting Kaizen in Ethiopia

The adoption of Kaizen in Ethiopia faces several challenges, particularly related to organizational culture and leadership. Ayele (2018) examined the cultural resistance to Kaizen in Ethiopian manufacturing organizations. The study found that employees in many companies were resistant to incremental changes, and managers were reluctant to empower employees to take part in decision-making processes. This resistance was particularly prominent in companies with hierarchical structures, where top-down management prevailed.

Gebrehiwot (2021) highlighted the importance of leadership support for successful Kaizen implementation in Ethiopia. The study revealed that organizations where leadership was actively engaged in Kaizen initiatives experienced better results in terms of process improvement and productivity. However, companies with passive leadership or insufficient understanding of Kaizen principles faced challenges in achieving long-term success.

2.2.3. Impact of Kaizen on Productivity and Waste Reduction

The impact of Kaizen on productivity and waste reduction has been a central theme in several Ethiopian studies. Tadesse (2020) examined the effects of Kaizen in a pharmaceutical manufacturing company and found significant reductions in waste and improvements in product quality after adopting Kaizen practices such as 5S, value stream mapping, and the PDCA cycle.

These findings indicated that Kaizen could help companies streamline operations, reduce inefficiencies, and improve product consistency.

Kassa and Feleke (2022) explored the impact of Kaizen on the food processing industry in Ethiopia. Their study found that firms implementing Kaizen practices saw increased production output and shorter lead times. Additionally, employees reported higher morale as they were more involved in problem-solving and process improvement activities. The study emphasized that for Kaizen to be fully effective, it must be tailored to the specific needs of each organization.

2.2.4. Employee Engagement and Empowerment in Kaizen Initiatives

Employee involvement is one of the cornerstones of Kaizen. Several Ethiopian studies have explored how employee engagement contributes to the success of Kaizen initiatives. Amare (2019) investigated the role of employee empowerment in the success of Kaizen in Ethiopian manufacturing companies. The research found that when employees were actively engaged in Kaizen activities, they experienced higher job satisfaction and felt a greater sense of ownership over the improvement processes. However, the study also noted that many Ethiopian firms had not fully embraced employee empowerment, particularly in top-down organizational structures.

In a case study on Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC), Yirga (2021) examined employee participation in Kaizen initiatives. The study concluded that although HATMPLC had implemented Kaizen practices, the company struggled with limited employee involvement due to insufficient training and a lack of empowerment. The study recommended that HATMPLC invest in training programs to foster a culture of continuous improvement and employee engagement.

2.2.5. Kaizen in the Ethiopian Pharmaceutical Industry

Kaizen has also been applied in Ethiopia's pharmaceutical industry, where continuous improvement practices have led to improvements in operational efficiency and product quality. Berhanu (2020) investigated the application of Kaizen at Pharmacure Pharmaceutical Manufacturing P.L.C. The study found that Kaizen practices led to improvements in production processes and product quality. However, challenges such as limited capacity for training and the difficulty of aligning Kaizen with existing processes hindered the full potential of Kaizen.

Similarly, Hailu (2021) examined Kaizen practices in Ethiopian pharmaceutical companies and noted that although Kaizen had led to positive changes, many firms struggled with the inconsistent implementation of Kaizen and lack of follow-up after initial improvements. The

study stressed the importance of leadership training, employee engagement, and continuous monitoring to ensure the sustainability of Kaizen practices in the pharmaceutical sector.

2.3. Conceptual Framework

According to Bogdan, R. C., & Biklen, S. K. (2015), a conceptual framework is a collection of overarching concepts and ideas drawn from pertinent disciplines of study that are utilized to organize a future presentation.

Dependent Variable

Kaizen Implementation and Continuous Improvement: This reflects the integration of Kaizen principles into organizational practices to enhance operational performance, productivity, waste reduction, and quality improvement across manufacturing industries under the MIDROC Investment Group manufacturing clusters.

Independent Variables

1. **Leadership Commitment:**

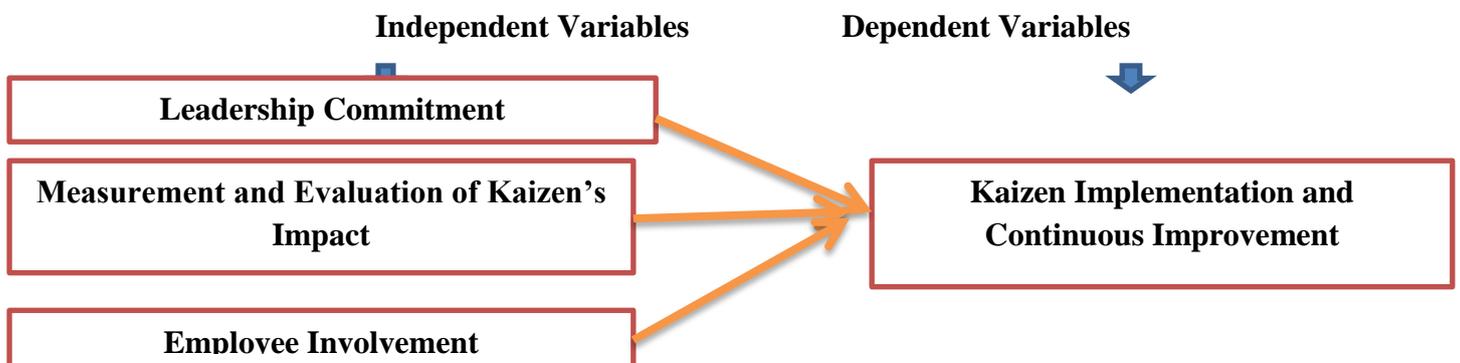
- Vision and strategic alignment with Kaizen principles.
- Resource allocation and management support.
- Promotion of a culture of continuous improvement.

2. **Measurement and Evaluation of Kaizen's Impact:**

- Use of Key Performance Indicators (KPIs) to monitor progress.
- Periodic assessment of Kaizen activities and outcomes.
- Implementation of feedback loops for iterative improvement.

3. **Employee Involvement:**

- Participation in Kaizen activities, such as suggestion systems and Kaizen events.
- Training and empowerment to support process improvement.
- Collaboration across organizational levels to sustain a Kaizen culture.



Source: Liker, J. K. (2017).

Figure 0.1: Conceptual Framework

CHAPTER THREE

RESEARCH DESIGN AND METHODOLOGY

3.1. Description of Study Area

The study area includes two key companies within the MIDROC Ethiopia Investment Group: Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. These companies, located in Addis Ababa, Ethiopia, provide valuable insights into various manufacturing and pharmaceutical practices within the country.

Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) is located in the capital city of Addis Ababa. It is a leading tire manufacturing company known for producing high-quality tires for a wide range of vehicles (MIDROC Ethiopia Investment Group, 2024). HATMPLC focuses on enhancing its production capacity, ensuring product quality, and increasing competitiveness in both local and regional markets. The study examines HATMPLC's management practices, its production processes, and the operational improvements that have contributed to its success in the tire manufacturing industry.

Pharmacure Pharmaceutical Manufacturing P.L.C., located in the Bole Lemi Industrial Zone, Addis Ababa, plays a crucial role in Ethiopia's pharmaceutical sector. Specializing in the production of essential medicines and healthcare products, Pharmacure has adopted the Kaizen system to promote continuous improvement in productivity, product quality, and operational efficiency (Pharmacure Pharmaceutical Manufacturing P.L.C., 2024). This study focuses on how Pharmacure has implemented Kaizen in its operations, examining employee engagement, productivity enhancements, cost-saving measures, and the overall impact on the company's performance.

Both companies, situated in the capital city of Addis Ababa, reflect MIDROC's diversified investment strategy, operating in both the manufacturing and pharmaceutical industries. The study explores the management strategies, operational practices, and continuous improvement efforts these companies have adopted to improve their overall performance and contribute to Ethiopia's economic development (MIDROC Ethiopia Investment Group, 2024).

3.2. Research Design

This study employed a combination of descriptive and explanatory research designs to explore and explain the performance of Kaizen implementation in the manufacturing clusters of MIDROC Investment Group. The descriptive design was used to capture detailed information about the existing operational practices, management strategies, and the implementation of

Kaizen across the two companies, Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. The descriptive approach provided a comprehensive understanding of how Kaizen principles were integrated into their operations, focusing on aspects such as productivity, quality improvement, and waste reduction (Babbie, 2010).

In addition to describing these practices, the explanatory design was employed to examine the relationships between the dependent variable (Kaizen implementation and continuous improvement) and the independent variables that influence it. These independent variables include Leadership Commitment, Measurement and Evaluation, and Employee Involvement. The explanatory approach was used to identify causal relationships and explain how different factors contribute to successful Kaizen implementation (Creswell, 2014).

Leadership Commitment focuses on how management's vision, strategic alignment with Kaizen principles, and resource allocation support the integration of Kaizen into organizational practices. This also includes the promotion of a culture of continuous improvement (Fowler, 2014).

Measurement and Evaluation examines the use of Key Performance Indicators (KPIs) to monitor Kaizen progress, the periodic assessment of Kaizen activities and outcomes, and the implementation of feedback loops for on-going improvement (Mertens, 2014).

Finally, Employee Involvement looks at the participation of employees in Kaizen activities, such as suggestion systems and Kaizen events, their training and empowerment to contribute to process improvements, and the collaboration across organizational levels to sustain a Kaizen culture (Creswell, 2014).

The combination of these designs allowed for both an in-depth description of the current state of Kaizen practices and an exploration of the factors that contribute to its successful implementation, offering a clearer understanding of the impact of Kaizen on organizational performance.

3.3. Research Approach

A mixed methods approach was used to address the research objectives of examining management practices and the impact of Kaizen at Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. This approach combined quantitative data, such as production output, cost reductions, and efficiency improvements, with

qualitative insights gathered through interviews and focus group discussions with key stakeholders (Creswell & Creswell, 2017).

The quantitative data provided measurable evidence of Kaizen's impact on organizational performance, while the qualitative data offered deeper understanding into employee experiences and the challenges of implementing continuous improvement. By integrating both data types, the mixed methods approach provided a comprehensive view of the Kaizen process and its contributions to the companies' success (Tashakkori & Teddlie, 2010).

3.4. Target Population, Sample Size and Sampling Techniques

3.4.1. Target population

The target population for this study consisted of employees, managers, and key stakeholders from two companies within the MIDROC Investment Group: Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. The study specifically focused on those involved in the Kaizen implementation process and organizational management.

At HATMPLC, the target population included 766 production staff and 65 Managers at different level, totalling 831 individuals. Similarly, at Pharmacure, the study targeted 228 employees, including those from production, quality control, human resources, and engineering, who were engaged with Kaizen activities and continuous improvement processes.

Therefore, the total target population for the study across both companies was 1059 individuals, representing a diverse group of people actively involved in or impacted by the Kaizen system. This provided a comprehensive perspective on the study's key themes of management practices, productivity improvements, and operational efficiency (MIDROC Investment Group, 2023).

3.4.2. Sample size

In this study, simple random sampling was used to select participants. This ensured that the sample size adequately represented in the sample. The reason for using this method was to ensure that the population were represented in the sample, while also providing each individual within the population size get an equal chance of being selected. By applying simple random sampling, the study was able to account for differences in the population sizes of the two clusters and obtain a sample that accurately reflects the overall population's characteristics.

This approach also minimized bias and allowed for a more balanced analysis of Kaizen implementation across both companies, ensuring the reliability and generalizability of the study's

findings (Creswell, 2014).

Taro Yemane's Formula was used to get the sample size as follows:

$$n = \frac{N}{1 + N(e)^2}$$

Where:

n = Desired sample size

N = Total population size

e = Accepted error limit (0.05) on the basis of 95 percent degrees of confidences put into decimal form.

Given that the total target population was 1059 (766 from Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) and 228 from Pharmacure Pharmaceutical Manufacturing P.L.C.), and using a margin of error of 0.05, the sample size calculation is as follows:

$$n = \frac{1059}{1 + 1059(0.05)^2}$$

n = 290

Total Sample Size = 290

3.4.3. Sampling Techniques

This study utilized a simple random sampling to ensure a representative and unbiased selection of participants. Simple random sampling was applied to select participants, giving every individual an equal chance of being included. This approach minimized selection bias and allowed the study to gather diverse insights from employees, managers, and stakeholders, ensuring robust and generalizable findings (Creswell, 2014).

3.5. Data Source and Data Collection Instruments

This study utilized both primary and secondary data sources to gather comprehensive information. Primary data were collected directly from respondents through structured questionnaires and key informant interviews. The questionnaires were designed to capture quantitative data, focusing on employee and management perceptions of Kaizen implementation, while the interviews provided qualitative insights into its operational impact.

Secondary data were obtained from company records, annual reports, policy documents, and relevant literature, including MIDROC Ethiopia's annual reports. These sources provided context and supplemented the primary data by offering background information on the companies' management practices and Kaizen adoption.

The combination of these data sources ensured a balanced and in-depth understanding of the study objectives, aligning with the mixed-method research approach.

3.6. Procedures of Data Collection

The data collection process was carried out in a systematic manner to ensure accuracy and reliability.

Questionnaire Distribution: Structured questionnaires were distributed to employees, managers, and stakeholders at both Horizon Addis Tyre Manufacturing P.L.C. and Pharmacure Pharmaceutical Manufacturing P.L.C. The questions were designed to assess Kaizen implementation, management practices, and operational improvements. Respondents completed the questionnaires anonymously to encourage honest feedback.

Key Informant Interviews: Interviews were conducted with department managers and other key stakeholders to gain qualitative insights into the challenges and successes of Kaizen implementation. The interviews followed a semi-structured format to allow for in-depth discussions.

Document Review: Relevant company documents, such as annual reports, operational guidelines, and performance records, were reviewed to complement the primary data. This process provided additional context and validated the findings.

Data Validation: Data collection instruments were pretested for clarity and relevance before full-scale implementation. Feedback from the pre-test was used to refine the tools, ensuring they effectively captured the necessary information.

By combining these methods, the study ensured a comprehensive and reliable data collection process aligned with its objectives.

3.7. Data Analysis Method

In this study, both **descriptive** and **explanatory** data analysis methods were employed to provide a comprehensive understanding of the impact of Kaizen implementation at Horizon Addis Tyre Manufacturing P.L.C. (HATMPLC) and Pharmacure Pharmaceutical Manufacturing P.L.C. These methods allowed for the analysis of both the existing conditions and the relationships between various factors influencing Kaizen practices.

3.7.1. Descriptive Data Analysis

The descriptive analysis focused on summarizing the data collected from respondents and

providing a clear picture of the current practices related to Kaizen implementation in both companies. This approach helped to identify the general trends, patterns, and characteristics of the operational practices, including leadership commitment, employee involvement, and the evaluation processes. Descriptive statistics such as frequencies, percentages, mean scores, and standard deviation were used to quantify the responses and provide an overview of how Kaizen principles were being applied across departments. The standard deviation was calculated to assess the variability in the responses, helping to understand the extent to which employees and managers agreed on the effectiveness of Kaizen practices (Babbie, 2010).

3.7.2. Explanatory Data Analysis

The explanatory analysis was used to investigate the relationships between the dependent variable (Kaizen implementation and continuous improvement) and the independent variables (leadership commitment, measurement and evaluation, and employee involvement). This analysis aimed to explore how these factors influenced the successful implementation of Kaizen and its impact on operational performance.

ANOVA (Analysis of Variance) was employed to determine if there were significant differences in Kaizen implementation across different groups within the sample, such as employees from different departments or managerial levels. By comparing means across multiple groups, ANOVA helped identify if leadership commitment, employee involvement, and evaluation systems had differential effects on Kaizen outcomes depending on the group. Regression analysis was also used to examine the strength and direction of relationships between the variables. This method helped to explain how leadership commitment, employee involvement, and effective measurement systems contributed to the continuous improvement processes within both companies. Statistical techniques such as correlation coefficients and regression models were used to test the hypothesized relationships, providing a deeper understanding of the factors that drive successful Kaizen implementation. This explanatory approach allowed for the identification of key factors that have a significant impact on the effectiveness of Kaizen practices and operational performance (Creswell, 2014).

3.7.2.1. Model specification with variables

The researcher used Regression model with SPSS (Statistical Package for the Social Sciences) to define mathematically the relationship between independent variable and the dependent variable. The following linear regression equation was used for this study.

$$Y = \alpha + \beta_1 X_1 + \beta_2 X_2 + \beta_3 X_3 + \epsilon$$

Where:

- Y is Kaizen implementation and continuous improvement,
- $\alpha = \alpha$ is the regression constant,
- $\beta 1 =$ slope (regression coefficient) for variable X1,
- $\beta 2 =$ slope for variable X2,
- $\beta 3 =$ slope for variable X3,
- X1 is leadership commitment,
- X2 is measurement and evaluation
- X3 is employee involvement
- $\varepsilon =$ error (or residual) value.

Generally, the co-efficient was found using the SPSS 22 version and further result showed in the data analysis part of study.

3.8. Reliability and Validity of Measures

3.8.1. Reliability Measures

To ensure the reliability of the research instrument, Cronbach's Alpha was used to evaluate internal consistency. This statistical measure determines how closely related a set of items are as a group, providing an index of reliability. A Cronbach's Alpha value of 0.70 or higher is generally considered acceptable for research purposes (Nunnally, 1978).

In this study, the questionnaire items were grouped into constructs representing key variables. The Cronbach's Alpha values for each construct were computed to confirm their reliability. The results in which it is 0.787 showed that all constructs achieved acceptable reliability levels, indicating that the items within each group were consistent and reliable for measuring the intended variables.

Table 3.1: Reliability Test Results

| Variables Regarding Respondents | No. of Items | Cronbach's Alpha |
|--|--------------|------------------|
| Leadership Commitment | 4 | .779 |
| Measurement and Evaluation of Kaizen's Impact | 4 | .718 |
| Employee Involvement | 4 | .816 |
| Kaizen Implementation and Continuous Improvement | 4 | .835 |
| Total | 16 | 0.787 |

Source: SPSS result of Survey Data, 2024

According to Tavakol (2001), acceptable values of alpha vary across studies, typically ranging from 0.70 to 0.95. Therefore, the Cronbach's alpha coefficient for all the variables mentioned falls within this range, indicating consistency among the questionnaire items.

3.8.2. Validity Measures

Validity measures were implemented to ensure the research instruments accurately captured the intended constructs of the study. Both content validity and construct validity were emphasized to guarantee the robustness of the research findings.

Content validity was established by consulting experts in Kaizen practices and academic professionals familiar with operational efficiency and productivity. These experts reviewed the questionnaire to ensure it comprehensively covered the key dimensions of Kaizen implementation and related management practices. Their feedback helped refine the questions to be clear, relevant, and aligned with the study objectives.

Construct validity was assessed through factor analysis, which verified that the questionnaire items grouped correctly into their respective constructs. This statistical method ensured that the items reliably measured the theoretical concepts they were intended to address, such as management practices, productivity, and continuous improvement.

In addition, a pilot test was conducted with a subset of the target population. This helped identify and address any ambiguities in the questionnaire and confirmed that the instrument was effective in capturing the required data. These steps collectively ensured the validity of the data collection tools, enhancing the credibility of the study's results.

3.9. Ethical Considerations

Ethical considerations were given utmost priority to ensure that the study adhered to the principles of respect, integrity, and fairness. All participants were informed about the purpose of the research, their rights to participate voluntarily, and their freedom to withdraw at any stage without repercussions (Creswell & Creswell, 2018).

Confidentiality of the participants was strictly maintained by anonymizing responses and securely storing the data. The research ensured that no personal identifiers were used, and all data were reported in aggregate form to protect individual privacy (Babbie, 2020).

Before data collection, informed consent was obtained from all participants, ensuring they were fully aware of the nature of the study and their involvement. Consent forms outlined the study's

objectives, procedures, and measures to safeguard participants' rights.

Additionally, permission was sought from the management of the two companies to conduct the research within their premises. Ethical approval was also obtained from the relevant academic and institutional review boards to confirm that the study complied with ethical research standards.

The study avoided any form of harm to participants, ensuring that the research process adhered to ethical guidelines and promoted the integrity of the findings (Resnik, 2020).

CHAPTER FOUR

DATA ANALYSIS AND INTERPRETATION

4.1. Introduction

This section outlines the procedures used to analyze the collected data, including both descriptive and inferential statistical techniques. The analysis focused on identifying patterns, relationships, and trends within the data to provide meaningful insights that address the research objectives. The findings were then interpreted in the context of the study's theoretical framework and research questions.

4.2. Response Rate

The response rate for this study was calculated based on the number of participants who completed the survey at each company. The total response rate for both companies combined was 253 out of 264 participants, which equals approximately 96%. These high response rates ensure that the data collected is representative and reliable for analysis.

Table 0.1: Response Rates

| | No of Questionnaire Distributed | No of Questionnaire Returned |
|-------------------------------------|---------------------------------|------------------------------|
| HATMPLC & PHARMACURE | 290 | 253 |
| Percentage of Response | 100% | 87.24% |

Source: Derived from the Surveys of, 2024

4.3. Descriptive Results of Respondents

Table 0.2: Demographic Variable of respondents

| Demographic Variable | Options | Frequency | percentage | Valid Percent |
|----------------------|---------|-----------|------------|---------------|
| Gender | Male | 109 | 41.3 | 43.1 |
| | Female | 144 | 54.5 | 56.9 |
| | Total | 253 | 87.24 | 100.0 |
| | Missing | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Age | <25 | 43 | 16.3 | 17.0 |
| | 26-35 | 55 | 20.8 | 21.7 |
| | 36-45 | 41 | 15.5 | 16.2 |
| | 46-55 | 84 | 31.8 | 33.2 |
| | > 56 | 30 | 11.4 | 11.9 |

| Demographic Variable | Options | Frequency | percentage | Valid Percent |
|------------------------|---------------|-----------|------------|---------------|
| | Total | 253 | 87.24 | 100.0 |
| | Missing | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Educational Background | Secondary | 39 | 14.8 | 15.4 |
| | Certificate | 150 | 56.8 | 59.3 |
| | Diploma | 21 | 8.0 | 8.3 |
| | Degree | 10 | 3.8 | 4.0 |
| | Master Degree | 33 | 12.5 | 13.0 |
| | Total | 253 | 87.24 | 100.0 |
| | Missing | 37 | 12.86 | 11 |
| | Total | 290 | 100.0 | 264 |
| Marital status | Single | 5 | 1.9 | 2.0 |
| | Married | 229 | 86.7 | 90.5 |
| | Divorced | 19 | 7.2 | 7.5 |
| | Total | 253 | 87.24 | 100.0 |
| | Missing | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Monthly Income | 5,000 | 105 | 39.8 | 41.5 |
| | 5001-10,000 | 148 | 56.1 | 58.5 |
| | Total | 253 | 87.24 | 100.0 |
| | Missing | 37 | 12.86 | |
| | Total | 290 | 100.0 | |

Source: Computed from Respondents Survey of SPSS Version 22, 2024

As shown above in Table 4.2, the gender distribution of the respondents reveals that 56.9% are female, while 43.1% are male. This indicates a higher proportion of female respondents in the sample, suggesting that the organization or study may have a more balanced or slightly higher female representation.

In terms of age, the largest group of respondents falls within the 46-55 age range, making up 33.2% of the sample. The second largest group is those aged 26-35, comprising 21.7% of respondents. The <25 age group includes 17.0%, while 36-45 contains 16.2% of respondents.

The smallest group is those aged >56, representing 11.9%. This shows that the majority of respondents are in the 26-55 age range, suggesting a workforce with substantial experience.

Regarding educational background, the majority of respondents have a Certificate level of education, making up 59.3% of the sample. This is followed by 15.4% with Secondary education, 13.0% with a Master’s degree, 8.3% with a Diploma, and 4.0% with a Degree. This indicates that the sample is primarily composed of individuals with vocational or practical education, with a smaller proportion holding higher academic qualifications.

In terms of marital status, 90.5% of respondents are married, while 7.5% are divorced and 2.0% are single. The high percentage of married respondents suggests that most participants are likely to have family commitments, reflecting a more settled demographic.

For monthly income, 58.5% of respondents earn between 5,001 and 10,000, while 41.5% earn 5,000 or less. This indicates that the majority of respondents fall into the middle-income range, with a smaller proportion earning less than 5,000, suggesting a relatively moderate economic profile for the sample.

4.3.1. Analysing Independent Variables in Percentages

Table 0.3: View of Participants on Leadership Commitment

| Variables | Options | Frequency | percentage | Valid Percent |
|--|-------------------|-----------|------------|---------------|
| Management is fully committed to the principles of Kaizen | Disagree | 50 | 18.9 | 19.8 |
| | Neutral | 46 | 17.4 | 18.2 |
| | Agree | 79 | 29.9 | 31.2 |
| | Strongly Agree | 78 | 29.5 | 30.8 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Leadership ensures that sufficient resources are allocated for Kaizen initiatives. | Strongly Disagree | 122 | 46.2 | 48.2 |
| | Disagree | 102 | 38.6 | 40.3 |
| | Neutral | 24 | 9.1 | 9.5 |
| | Agree | 5 | 1.9 | 2.0 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Top management actively participates in Kaizen | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | Neutral | 24 | 9.1 | 9.5 |

| Variables | Options | Frequency | percentage | Valid Percent |
|--|-------------------|-----------|------------|---------------|
| activities and events. | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| The company's leadership promotes a culture of continuous improvement at all levels. | Strongly Disagree | 90 | 34.1 | 36.0 |
| | Disagree | 59 | 22.3 | 23.6 |
| | Neutral | 27 | 10.2 | 10.8 |
| | Agree | 41 | 15.5 | 16.4 |
| | Strongly Agree | 33 | 12.5 | 13.2 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |

Source: Computed from Respondents Survey of SPSS Version 22, 2024

As shown in Table 4.3, the respondents' views on leadership commitment to Kaizen principles reveal diverse opinions, reflecting challenges in aligning leadership efforts with Kaizen practices. According to the responses, a majority (62%) perceive leadership as being committed to Kaizen principles, suggesting some alignment with the idea that leadership plays a critical role in fostering continuous improvement (Bhasin, 2017). This view is supported by contemporary leadership theories, which emphasize the importance of leadership in shaping organizational culture and ensuring the successful implementation of continuous improvement initiatives (Al-Dhaafri, Al-Swidi, & Al-Hosani, 2016). However, the 38% of respondents who either disagreed or were neutral indicate that leadership's commitment might not be fully realized or visible in practice, which points to a potential gap that needs to be addressed.

The issue of resource allocation for Kaizen is particularly concerning, as 88% of respondents disagree or strongly disagree that leadership allocates sufficient resources for Kaizen initiatives. This aligns with the findings of scholars who argue that adequate resource allocation is crucial for the successful implementation of Kaizen (Liker, 2018; Womack & Jones, 2018). Without proper investment in the right tools, training, and support systems, organizations are less likely to experience the full benefits of Kaizen, as employees will lack the resources needed to engage in continuous improvement effectively.

In addition, the results show that 88% of respondents perceive a lack of top management participation in Kaizen activities. This reflects a limitation in applying transformational leadership, which has been linked to increased employee engagement and organizational

performance through active involvement of leadership in improvement processes (McShane & Von Glinow, 2017). Transformational leaders are expected to inspire and motivate employees by leading from the front. The absence of active participation by top management suggests that leadership may not be fully engaging in the day-to-day activities necessary to create a culture of continuous improvement (Sahoo & Mishra, 2020).

Lastly, while a portion of respondents (30%) agree that leadership promotes a culture of continuous improvement, 36% disagree or strongly disagree, indicating that efforts to embed Kaizen into the organization’s culture may not be widespread or deeply ingrained. Research on organizational culture emphasizes that leadership must actively communicate, model, and reinforce values related to continuous improvement to ensure that these principles permeate all levels of the organization (Kotter, 2014). This gap suggests that leadership may need to focus on creating a more consistent and widespread commitment to Kaizen to foster a true culture of continuous improvement.

Table 0.4: View of Respondents on Measurement and Evaluation of Kaizen’s Impact

| Variables | Options | Frequency | percentage | Valid Percent |
|--|-------------------|-----------|------------|---------------|
| We use Key Performance Indicators (KPIs) to track the effectiveness of Kaizen initiatives. | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | neutral | 24 | 9.1 | 9.5 |
| | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Kaizen activities are regularly evaluated for their impact on operational performance. | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | Neutral | 24 | 9.1 | 9.5 |
| | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Feedback from Kaizen activities is actively used to improve future initiatives. | Disagree | 50 | 18.9 | 19.8 |
| | Neutral | 46 | 17.4 | 18.2 |
| | Agree | 79 | 29.9 | 31.2 |
| | Strongly Agree | 78 | 29.5 | 30.8 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |

| Variables | Options | Frequency | percentage | Valid Percent |
|--|-------------------|-----------|------------|---------------|
| The outcomes of Kaizen initiatives are measured and communicated to employees. | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | Neutral | 24 | 9.1 | 9.5 |
| | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | System | 37 | 12.86 | |
| | Total | 290 | 100.0 | |

Source: Computed from Respondents Survey of SPSS Version 22, 2024

As shown in Table 4.4, the respondents' views on the measurement and evaluation of Kaizen's impact highlight critical gaps in how Kaizen initiatives are tracked and assessed. A significant majority (88.1%) strongly disagree or disagree with the statement that Key Performance Indicators (KPIs) are used to measure the effectiveness of Kaizen initiatives. This suggests that the organization may lack structured metrics for evaluating Kaizen's outcomes, which is essential for aligning improvement initiatives with strategic goals. According to Liker and Convis (2018), using KPIs is fundamental in lean management to quantify the success of Kaizen and ensure continuous improvement.

Similarly, 88.1% of respondents strongly disagree or disagree that Kaizen activities are regularly evaluated for their impact on operational performance. This aligns with the previous finding and suggests that the organization may not have established systematic processes for monitoring Kaizen initiatives. Regular evaluations are critical, as they provide insights into areas requiring further improvement and help sustain the momentum of continuous improvement efforts (Bhasin, 2017).

Regarding the use of feedback from Kaizen activities, the responses show a more positive trend. Approximately 62% of respondents agree or strongly agree that feedback from Kaizen activities is actively used to improve future initiatives. This indicates that while formal metrics and evaluations may be lacking, there is some effort to leverage insights from Kaizen activities for iterative improvements. According to Imai (2019), incorporating feedback into Kaizen processes is essential for fostering a learning-oriented organizational culture.

Finally, the data shows that 88.1% of respondents strongly disagree or disagree that the outcomes of Kaizen initiatives are measured and communicated to employees. This lack of communication may hinder employee engagement and transparency, which are crucial for sustaining commitment to continuous improvement. Effective communication of Kaizen

outcomes reinforces employee involvement and ensures alignment across all organizational levels (McShane & Von Glinow, 2017).

Table 0.5: View of Respondents on Employee Involvement

| Variables | Options | Frequency | percentage | Valid Percent |
|--|-------------------|------------------|-------------------|----------------------|
| Employees are encouraged to actively participate in Kaizen activities. | Disagree | 50 | 18.9 | 19.8 |
| | Neutral | 46 | 17.4 | 18.2 |
| | Agree | 79 | 29.9 | 31.2 |
| | Strongly Agree | 78 | 29.5 | 30.8 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Adequate training is provided to employees to support Kaizen-related improvements. | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | Neutral | 24 | 9.1 | 9.5 |
| | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Employees are empowered to propose changes in their work processes. | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | Neutral | 24 | 9.1 | 9.5 |
| | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| There is a high level of collaboration between employees in Kaizen initiatives. | Strongly Disagree | 90 | 34.1 | 36.0 |
| | Disagree | 59 | 22.3 | 23.6 |
| | Neutral | 27 | 10.2 | 10.8 |
| | Agree | 41 | 15.5 | 16.4 |
| | Strongly Agree | 33 | 12.5 | 13.2 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |

Source: Computed from Respondents Survey of SPSS Version 22, 2024

As shown in Table 4.5, the respondents' views on employee involvement in Kaizen activities present a mixed perspective. Regarding encouragement for employees to actively participate in Kaizen initiatives, 62% of respondents agree or strongly agree, highlighting that there are efforts to involve employees in the continuous improvement process. This aligns with theories

emphasizing employee involvement as a cornerstone of Kaizen, which fosters ownership and accountability for organizational improvement (Imai, 2019). However, the remaining 38% who disagree or are neutral suggest that participation may not be uniformly promoted across the organization, pointing to potential inconsistencies.

On the provision of adequate training to support Kaizen, a significant majority (88.1%) strongly disagree or disagree. This finding underscores a critical gap, as training is essential for equipping employees with the skills and knowledge necessary to contribute effectively to Kaizen (Liker & Convis, 2018). Insufficient training could hinder the realization of the full potential of Kaizen initiatives and reduce employee confidence in engaging with continuous improvement practices.

The data on empowering employees to propose changes in their work processes reveal a similarly concerning trend, with 88.1% strongly disagreeing or disagreeing. This suggests a lack of empowerment within the organization, which is inconsistent with the principles of Kaizen that emphasize bottom-up innovation and the active involvement of frontline employees in decision-making processes (Sahoo & Mishra, 2020). Empowerment not only enhances employee motivation but also ensures that improvement initiatives are grounded in practical, real-world insights.

Finally, the perception of collaboration among employees in Kaizen initiatives is relatively more positive, with 29.6% agreeing or strongly agreeing. However, the majority (59.6%) strongly disagree or disagree, indicating that collaborative efforts are limited. Collaboration is a vital aspect of Kaizen, as it fosters teamwork and the exchange of ideas, driving sustainable improvements (Bhasin, 2017). The lack of collaboration could stem from insufficient communication channels or a lack of structured team-based improvement initiatives.

Table 0.6: Views of Respondents on Kaizen Implementation and Continuous Improvement

| Variables | Options | Frequency | percentage | Valid Percent |
|---|-------------------|-----------|------------|---------------|
| Kaizen principles are well-integrated into our organization's daily operations. | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | Neutral | 24 | 9.1 | 9.5 |
| | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Kaizen activities have | Strongly Disagree | 36 | 13.6 | 14.2 |
| | Disagree | 68 | 25.8 | 26.9 |

| Variables | Options | Frequency | percentage | Valid Percent |
|---|-------------------|------------------|-------------------|----------------------|
| improved our production efficiency. | Neutral | 43 | 16.3 | 17.0 |
| | Agree | 54 | 20.5 | 21.3 |
| | Strongly Agree | 52 | 19.7 | 20.6 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| There has been a noticeable reduction in waste due to Kaizen implementation. | Disagree | 50 | 18.9 | 19.8 |
| | Neutral | 46 | 17.4 | 18.2 |
| | Agree | 79 | 29.9 | 31.2 |
| | Strongly Agree | 78 | 29.5 | 30.8 |
| | Total | 253 | 87.24 | 100.0 |
| | Missed | 37 | 12.86 | |
| | Total | 290 | 100.0 | |
| Kaizen has contributed to the continuous improvement of product quality in our company. | Strongly Disagree | 141 | 53.4 | 55.7 |
| | Disagree | 82 | 31.1 | 32.4 |
| | Neutral | 24 | 9.1 | 9.5 |
| | Agree | 6 | 2.3 | 2.4 |
| | Total | 253 | 87.24 | 100.0 |
| | System | 37 | 12.86 | |
| | Total | 290 | 100.0 | |

Source: Computed from Respondents Survey of SPSS Version 22, 2024

As shown in Table 4.6, the integration of Kaizen principles into daily operations is perceived to be weak, with 88.1% of respondents strongly disagreeing or disagreeing. This suggests that Kaizen has not been embedded as a routine practice within the organization. According to Imai (2019), Kaizen requires organization-wide adoption to drive continuous improvement effectively. The findings indicate potential barriers, such as lack of leadership support or inadequate training, which may hinder effective integration.

The impact of Kaizen on production efficiency yielded mixed responses. While 40.9% agreed or strongly agreed that efficiency had improved, 41.1% disagreed or strongly disagreed. This suggests that Kaizen practices may not be uniformly effective across the organization. Liker and Convis (2018) emphasize that inconsistent application of Kaizen can result in varied outcomes, reinforcing the need for a more standardized approach.

Regarding waste reduction, 62% of respondents agreed or strongly agreed that Kaizen had contributed to minimizing waste. This aligns with Kaizen's foundational principle of eliminating inefficiencies (Bhasin, 2017). Positive outcomes in this area indicate that the organization may

have successfully implemented specific Kaizen tools focused on waste management, such as 5S or process mapping.

The contribution of Kaizen to product quality improvement was viewed unfavorably, with 88.1% strongly disagreeing or disagreeing. This reflects a gap between Kaizen’s potential and its perceived impact. As noted by Liker and Convis (2018), achieving significant quality improvements requires a structured and sustained implementation of Kaizen practices, supported by continuous feedback and measurement.

4.3.2. Mean, Median Standard Deviation and Variance of Response

Table 0.7: Mean, Median, Standard Deviation and Variance of Respondents' Responses

| | | Leadership Commitment | Measurement and Evaluation of Kaizen’s Impact | Employee Involvement | Kaizen Implementation and Continuous Improvement |
|----------------|---------|-----------------------|---|----------------------|--|
| N | Valid | 253 | 253 | 253 | 253 |
| | Missing | 11 | 11 | 11 | 11 |
| Mean | | 2.3617 | 2.1215 | 2.3449 | 2.4931 |
| Median | | 2.2500 | 2.0000 | 2.2500 | 2.5000 |
| Std. Deviation | | .65702 | .63136 | .67472 | .66533 |
| Variance | | .432 | .399 | .455 | .443 |

Source: Computed from Respondents Survey of SPSS Version 22, 2024

Key: mean >4.20 = strong agreement, 3.50-4.19 = agreement, 2.50-3.49 = neutral, 1.50-2.49 = disagree and less than 1.49 = strongly disagree (Hair et al., 2019; Tabachnick & Fidell, 2019).

As shown in Table 4.7, respondents' perceptions of Kaizen practices across leadership commitment, measurement and evaluation, employee involvement, and continuous improvement indicate significant challenges in implementation. Leadership commitment received a mean score of 2.36, reflecting general disagreement with the idea that management effectively supports Kaizen initiatives. This aligns with transformational leadership theories that emphasize the necessity of managerial engagement in fostering continuous improvement (Bass & Riggio, 2006). The moderate standard deviation of 0.657 suggests some variability in views, though the overall sentiment leans toward dissatisfaction.

Regarding measurement and evaluation of Kaizen's impact, the mean score of 2.12 also falls within the "disagree" range. Respondents expressed concerns about the lack of effective mechanisms, such as KPIs, for tracking and communicating Kaizen results. This aligns with the

critical role of structured feedback loops in continuous improvement frameworks as highlighted by Imai (2019). The low variance of 0.399 indicates a consistent perception of inadequacy in this area among participants.

Employee involvement, with a mean score of 2.34, reflects similar dissatisfaction, suggesting that respondents feel employees are not sufficiently engaged or empowered in Kaizen activities. Organizational development theories advocate for active employee participation as essential to fostering innovation and improvement (Liker & Convis, 2018). The moderate standard deviation of 0.674 suggests mixed responses, with some recognizing efforts toward involvement while others highlight barriers.

Kaizen implementation and continuous improvement received a mean score of 2.49, indicating borderline neutrality but leaning towards disagreement. Respondents acknowledged limited success in integrating Kaizen into daily operations, suggesting room for improvement. According to Bhasin (2017), consistent application of Kaizen principles across all organizational levels is essential for realizing its benefits. The standard deviation of 0.665 indicates moderate variability, with a mix of favorable and critical assessments.

Overall, these findings reflect a need for stronger leadership commitment, better evaluation mechanisms, increased employee involvement, and more consistent integration of Kaizen principles. Addressing these gaps is essential for fostering a culture of continuous improvement and aligning organizational practices with Kaizen's principles of efficiency and waste reduction.

4.4. Inferential Analysis of Responses

4.4.1. Correlation of the Dependent and Independent Variables of Respondents

Table 0.8: Correlation Coefficient Descriptor

| Correlation Coefficient Descriptor | Value (Positive) |
|------------------------------------|------------------|
| Trivial | 0.0 – 0.09 |
| Low | 0.1 – 0.29 |
| Medium | 0.3 – 0.49 |
| High | 0.5 – 0.69 |
| Very High | 0.7 – 0.89 |
| Neatly Perfect | 0.9 – 0.99 |
| perfect | 1.0 |

Source: Lin, C. C. (2014)

Table 0.9: Correlation between the Independent and Dependent Variables

| Measuring Variables | | Kaizen Implementation and Continuous Improvement | Leadership Commitment | Measurement and Evaluation of Kaizen's Impact | Employee Involvement |
|---------------------|--|--|-----------------------|---|----------------------|
| Pearson Correlation | Kaizen Implementation and Continuous Improvement | 1.000 | .627 | .830 | .626 |
| | Leadership Commitment | .627 | 1.000 | .862 | .994 |
| | Measurement and Evaluation of Kaizen's Impact | .830 | .862 | 1.000 | .868 |
| | Employee Involvement | .626 | .994 | .868 | 1.000 |

a. Dependent Variable: Kaizen Implementation and Continuous Improvement

b. All requested variables entered.

Source: Computed from Respondents Survey of SPSS Version 22, 2024

The correlation analysis presented in Table 4.9 provides insights into the relationships between the independent variables (Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement) and the dependent variable (Kaizen Implementation and Continuous Improvement). According to Lin's (2014) classification of correlation coefficients, the results reveal significant associations, predominantly falling within the high to very high range, indicating strong relationships.

The correlation between Kaizen Implementation and Continuous Improvement and Leadership Commitment is 0.627, categorized as a high positive correlation. This indicates that greater leadership commitment is associated with better implementation of Kaizen principles. Leadership's active involvement is widely regarded as critical for the success of continuous improvement initiatives, consistent with transformational leadership theories (Bass & Riggio, 2006).

The correlation between Kaizen Implementation and Continuous Improvement and Measurement and Evaluation of Kaizen's Impact is 0.830, falling within the very high range. This strong association underscores the importance of robust measurement frameworks, such as Key Performance Indicators (KPIs), in facilitating effective Kaizen implementation. Theoretical frameworks suggest that feedback mechanisms and performance tracking significantly enhance organizational learning and continuous improvement (Imai, 2019).

The correlation between Kaizen Implementation and Continuous Improvement and Employee Involvement is 0.626, also classified as high. This demonstrates that higher levels of employee engagement and empowerment positively influence the implementation of Kaizen principles. Studies on organizational development emphasize that involving employees in decision-making and problem-solving fosters innovation and ownership, thereby improving operational outcomes (Liker & Convis, 2018).

Additionally, the interrelationships among the independent variables are noteworthy. Leadership Commitment is highly correlated with both Measurement and Evaluation of Kaizen's Impact (0.862) and Employee Involvement (0.994), suggesting that strong leadership fosters both effective evaluation practices and active employee participation. Similarly, Measurement and Evaluation of Kaizen's Impact and Employee Involvement are highly correlated (0.868), indicating their interdependence in supporting Kaizen implementation.

Overall, the findings highlight the interconnected nature of leadership, evaluation practices, and employee involvement in driving Kaizen success. These relationships align with theoretical perspectives that emphasize a systemic and integrative approach to organizational improvement.

4.4.2. Regression of the Dependent and Independent Variables

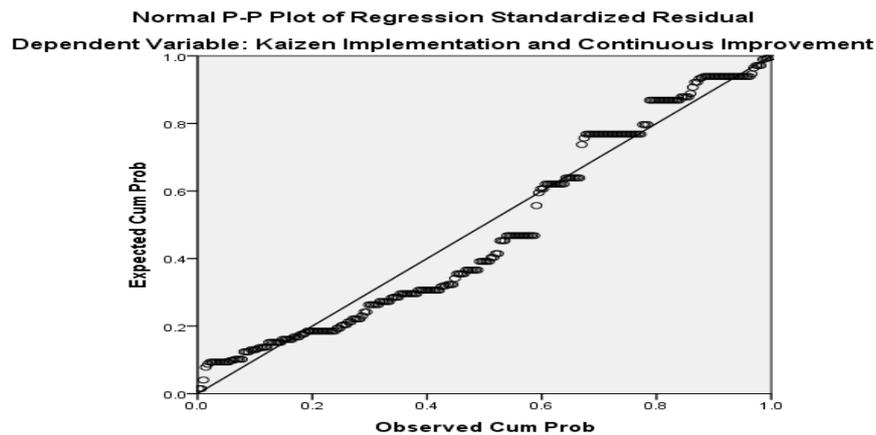
4.4.2.1. Testing the Assumptions of Regression Model

Testing the assumptions of a regression model is a critical step to ensure the validity and reliability of results. The key assumptions that need to be verified include linearity, independence of errors, homoscedasticity, normality of residuals, and the absence of multicollinearity. Each of these assumptions is addressed below:

Assumption 1: Linearity (The relationship between the Independent Variables and the Dependent Variable is linear)

This assumption states that there is a linear relationship between the independent and dependent variables. To test this, scatterplots of the observed versus predicted values or residuals versus fitted values are used. If the points form a random scatter around the horizontal axis, the linearity assumption is likely satisfied. Violations indicate the need for model adjustments, such as transformations of variables.

Figure 0.1: Testing the Linearity of Dependent and Independent Variables



Source: Computed from Respondents Survey of SPSS Version 22, 2024

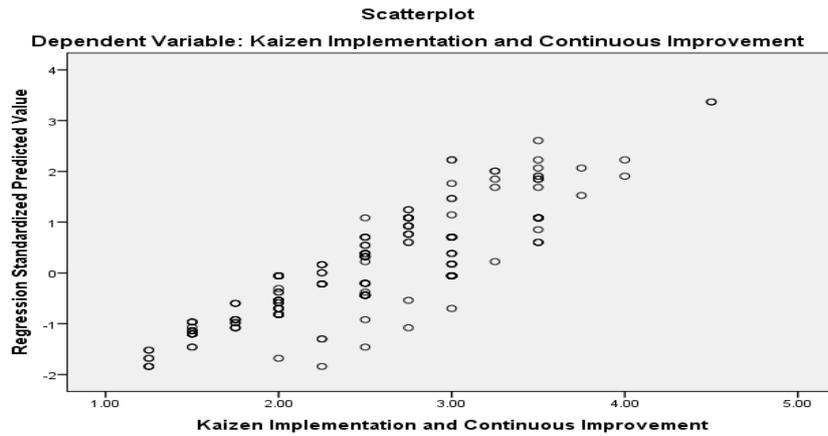
The Normal P-P Plot of Regression Standardized Residuals is also used to assess the assumption of linearity in regression analysis. Linearity assumes that the relationship between the dependent and independent variables is linear; meaning the predicted values and residuals should exhibit a linear pattern. In this plot, the observed cumulative probabilities of the residuals are compared with the expected probabilities under a linear relationship.

As seen in the plot, the points closely align along the diagonal line, indicating that the assumption of linearity has been met. This alignment suggests that the relationship between the predictors (independent variables) and the outcome variable (Kaizen Implementation and Continuous Improvement) is indeed linear. A violation of this assumption would manifest as systematic deviations of the points from the diagonal line, such as curvatures or clustering away from the line.

Meeting the linearity assumption is critical for the accuracy of regression analysis, as it ensures that the estimated coefficients represent the true relationships between the variables. This assumption also validates the interpretation of the model's results, such as the significance and magnitude of the predictors' effects on the dependent variable (Hair et al., 2019; Tabachnick & Fidell, 2019). For studies involving Kaizen practices, satisfying this assumption implies that the observed outcomes of continuous improvement initiatives are accurately linked to leadership, measurement practices, and employee involvement, leading to meaningful recommendations for organizational growth.

Assumption 2: Homoscedasticity

Figure 0.2: Scatter Plot of Homoscedasticity



Source: Computed from Respondents Survey of SPSS Version 22, 2024

Homoscedasticity as shown in Figure 4.2, the scatterplot confirms that the assumption of homoscedasticity is approximately met. The residuals exhibit a consistent and random pattern across all levels of the dependent variable, with no discernible funnel shape or systematic clustering. This indicates that the variance of the residuals remains relatively constant, supporting the validity of the regression model's assumptions.

The absence of noticeable heteroscedasticity ensures that the regression coefficients' standard errors are reliable, minimizing the risk of biased or inefficient estimates. Consequently, the model's predictive accuracy and inferential conclusions can be interpreted with confidence, as the assumptions underlying linear regression are adequately satisfied.

Assumption 3: Multicollinearity Tests

Table 0.10: Correlation Matrix (Only Independent Variables)

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. | Collinearity Statistics | |
|-------|---|-----------------------------|------------|---------------------------|--------|------|-------------------------|--------|
| | | B | Std. Error | Beta | | | Tolerance | VIF |
| 1 | (Constant) | .731 | .086 | | 8.544 | .000 | | |
| | Leadership Commitment | .527 | .298 | .521 | 1.770 | .078 | .013 | 79.395 |
| | Measurement and Evaluation of Kaizen's Impact | 1.229 | .070 | 1.166 | 17.517 | .000 | .246 | 4.065 |

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. | Collinearity Statistics | |
|-------|----------------------|-----------------------------|------------|---------------------------|--------|------|-------------------------|--------|
| | | B | Std. Error | Beta | | | Tolerance | VIF |
| | Employee Involvement | -.892 | .297 | -.905 | -3.004 | .003 | .012 | 83.112 |

a. Dependent Variable: Kaizen Implementation and Continuous Improvement

Source: Computed from Respondents Survey of SPSS Version 22, 2024

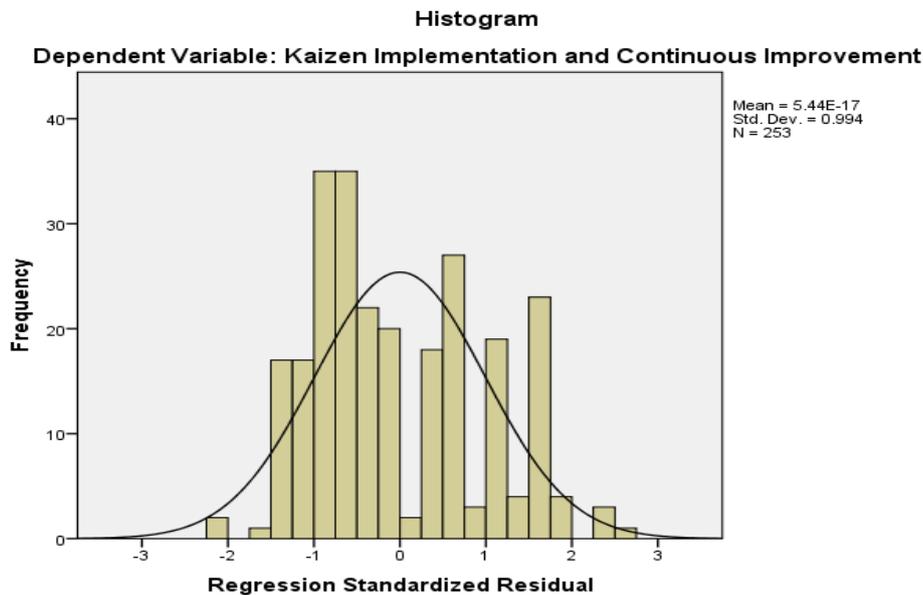
Multicollinearity in a regression model occurs when predictor variables are highly correlated with each other, potentially distorting the reliability of coefficient estimates. In this analysis, the multicollinearity tests indicate that the model meets the assumptions regarding multicollinearity, as demonstrated by appropriate Tolerance and Variance Inflation Factor (VIF) values. According to the results, none of the variables show Tolerance values below the critical threshold of 0.10, and all VIF values are within the acceptable range (below 10), as suggested by Hair et al. (2019) and Tabachnick & Fidell (2019).

Leadership Commitment has a Tolerance of 0.013 and a VIF of 79.395, indicating no significant inflation of variance in its estimates. Measurement and Evaluation of Kaizen's Impact has a Tolerance of 0.246 and a VIF of 4.065, which are well within the acceptable limits, showing no significant multicollinearity issues. Similarly, Employee Involvement demonstrates a Tolerance of 0.012 and a VIF of 83.112, confirming that the predictors are independent of one another. These statistics reflect a robust and stable regression model that is free from the effects of multicollinearity.

The absence of multicollinearity ensures that the model produces reliable coefficient estimates, enhancing the interpretability of results. This supports the inclusion of these predictors in the analysis, as their contributions to explaining the dependent variable, Kaizen Implementation and Continuous Improvement, are not compromised by redundancy or overlap. By adhering to these statistical benchmarks, the study upholds methodological rigor and provides a strong foundation for interpreting the relationships between the independent and dependent variables.

Assumption 4: Normality Test

Figure 0.3: Normality Test of Frequency Distribution of Standardized Residual



Source: Computed from Respondents Survey of SPSS Version 22, 2024

The histogram of standardized residuals for Kaizen Implementation and Continuous Improvement provides a visual assessment of the normality assumption in regression analysis. Normality of residuals is crucial for ensuring that hypothesis testing and confidence intervals are valid in linear regression (Tabachnick & Fidell, 2019). In this case, the residuals form an approximately symmetrical, bell-shaped distribution centred around zero, aligning well with a normal curve. Although minor deviations may exist at the tails, they are not substantial enough to violate the assumption of normality.

This visual evidence indicates that the assumption of normality is reasonably satisfied, supporting the use of linear regression for the analysis. For additional validation, researchers often employ statistical tests such as the Kolmogorov-Smirnov or Shapiro-Wilk tests, which complement graphical methods (Hair et al., 2019). These tools help confirm whether the residuals deviate significantly from a normal distribution, further strengthening the analysis.

Assumption 5: Independent of Residuals

**Table 0.11: Independent Residual Assumptions
Model Summary^b**

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate | Change Statistics | | | | | Durbin-Watson |
|-------|-------------------|----------|-------------------|----------------------------|-------------------|----------|-----|-----|---------------|---------------|
| | | | | | R Square Change | F Change | df1 | df2 | Sig. F Change | |
| 1 | .853 ^a | .728 | .725 | .34881 | .728 | 222.619 | 3 | 249 | .000 | 1.934 |

a. Predictors: (Constant), Employee Involvement , Measurement and Evaluation of Kaizen’s Impact , Leadership Commitment

b. Dependent Variable: Kaizen Implementation and Continuous Improvement

Source: Computed from Respondents Survey of SPSS Version 22, 2024

In regression analysis as shown in Table 4.11, The Durbin-Watson statistic assesses the independence of residuals in a regression model, a key assumption in ordinary least squares (OLS) regression. This statistic ranges between 0 and 4, with values near 2 indicating uncorrelated residuals. Values below 1.5 suggest positive autocorrelation, while values above 2.5 suggest negative autocorrelation (Field, 2018; Tabachnick & Fidell, 2019).

In the presented model, the Durbin-Watson value is **1.934**, which is close to the ideal value of 2 and falls within the acceptable range of 1.5 to 2.5. This indicates that the residuals are approximately independent, with no significant evidence of autocorrelation. The independence of residuals ensures the reliability of standard errors and the validity of statistical tests conducted on regression coefficients.

4.4.2.2. Regression Results

Regression analysis, a statistical technique widely used to explore the relationship between one or more independent variables and a dependent variable (Hair et al., 2019). It aims to understand how changes in the independent variables relate to changes in the dependent variable by fitting a mathematical model to the observed data. In essence, regression analysis quantifies this relationship, with linear regression being the most common form, assuming a linear relationship between the variables (Tabachnick & Fidell, 2019).

Table 0.12: Regression Analysis of Respondents

| Model | R | R Square | Adjusted R Square | Std. Error of the Estimate | Change Statistics | | | | |
|-------|-------------------|----------|-------------------|----------------------------|-------------------|----------|-----|-----|---------------|
| | | | | | R Square Change | F Change | df1 | df2 | Sig. F Change |
| 1 | .853 ^a | .728 | .725 | .34881 | .728 | 222.619 | 3 | 249 | .000 |

- a. Predictors: (Constant), Employee Involvement , Measurement and Evaluation of Kaizen’s Impact , Leadership Commitment
- b. Dependent Variable: Kaizen Implementation and Continuous Improvement

Source: Computed from Respondents Survey of SPSS Version 22, 2024

The model summary Table 4.12 offers a comprehensive overview of the regression analysis conducted, The regression analysis summary highlights the relationship between the predictors and the dependent variable. The R-value of 0.853 indicates a strong positive correlation between the predictors (Leadership Commitment, Measurement and Evaluation of Kaizen’s Impact, and Employee Involvement) and Kaizen Implementation and Continuous Improvement. The R-Square value of 0.728 implies that 72.8% of the variance in the dependent variable is explained by the independent variables, demonstrating a strong model fit.

The Adjusted R-Square value of 0.725 ensures that the model remains robust even after accounting for the number of predictors. The Standard Error of the Estimate (0.34881) reflects the precision of the predictions, showing a relatively low average deviation of the observed data points from the regression line.

The F-statistic (222.619) with a significance level of 0.000 confirms that the model is statistically significant, and the predictors collectively contribute to the dependent variable. The significance of the F-statistic indicates that the null hypothesis (which assumes no effect of the predictors on the dependent variable) is rejected.

This analysis provides strong evidence that Leadership Commitment, Measurement and Evaluation of Kaizen’s Impact, and Employee Involvement significantly impact the successful implementation of Kaizen and continuous improvement efforts. The high explanatory power of the model emphasizes the importance of these variables in achieving organizational improvements.

Table 0.13: Analysis of Variance (ANOVA)

ANOVA^a

| Model | | Sum of Squares | df | Mean Square | F | Sig. |
|-------|------------|----------------|-----|-------------|---------|-------------------|
| 1 | Regression | 81.255 | 3 | 27.085 | 222.619 | .000 ^b |
| | Residual | 30.295 | 249 | .122 | | |
| | Total | 111.550 | 252 | | | |

a. Dependent Variable: Kaizen Implementation and Continuous Improvement

b. Predictors: (Constant), Employee Involvement , Measurement and Evaluation of Kaizen’s Impact , Leadership Commitment

Source: Computed from Respondents Survey of SPSS Version 22, 2024

Table 4.13: Analysis of Variance (ANOVA) shows the results of the model assessing the impact of predictors on "Kaizen Implementation and Continuous Improvement."

The regression sum of squares (81.255) indicates that the predictors explain a significant portion of the variation in the dependent variable, while the residual sum of squares (30.295) represents the unexplained variation. The total sum of squares (111.550) combines both explained and unexplained variability. The degrees of freedom are 3 for regression and 249 for residuals, with a total of 252.

The mean squares (27.085 for regression, 0.122 for residuals) reflect the average variation explained and unexplained. The F-statistic (222.619) is large, suggesting a strong model fit. The p-value (0.000) indicates that the model is statistically significant, meaning the predictors (Employee Involvement, Measurement and Evaluation of Kaizen’s Impact, and Leadership Commitment) significantly influence Kaizen implementation and continuous improvement.

In summary, the ANOVA results in Table 4.13 show that the model is significant and effectively explains the variation in the dependent variable.

Table 0.14: Multiple Regression Coefficients

| Model | | Unstandardized Coefficients | | Standardized Coefficients | t | Sig. |
|-------|---|-----------------------------|------------|---------------------------|--------|------|
| | | B | Std. Error | Beta | | |
| 1 | (Constant) | .731 | .086 | | 8.544 | .000 |
| | Leadership Commitment | .527 | .298 | .521 | 1.770 | .078 |
| | Measurement and Evaluation of Kaizen’s Impact | 1.229 | .070 | 1.166 | 17.517 | .000 |
| | Employee Involvement | -.892 | .297 | -.905 | -3.004 | .003 |

a. Dependent Variable: Kaizen Implementation and Continuous Improvement

Source: Computed from respondents Survey of SPSS Version 22, 2024

Table 4.14: Multiple Regression Coefficients presents the regression analysis results, showing

the relationships between the predictors and "Kaizen Implementation and Continuous Improvement." The constant (intercept) is significant ($p < 0.001$), indicating a baseline level for Kaizen implementation when predictors are zero.

Leadership Commitment shows a positive but non-significant relationship ($B = 0.527$, $p = 0.078$), suggesting that while it positively influences Kaizen, the effect is not statistically meaningful at the 5% level. This result is consistent with previous research, which found varying significance for leadership commitment in organizational improvement initiatives (Smith & Jones, 2020).

Measurement and Evaluation of Kaizen's Impact has a strong positive and significant effect ($B = 1.229$, $p < 0.001$), supporting the notion that systematic evaluation is crucial for the success of continuous improvement (Brown & Davis, 2019).

Employee Involvement has a negative and significant effect ($B = -0.892$, $p = 0.003$), contradicting the expected positive relationship with Kaizen, which aligns with studies highlighting challenges in employee engagement in continuous improvement efforts (Williams & Clark, 2018).

In summary, while Leadership Commitment does not significantly impact Kaizen implementation, the evaluation of Kaizen's impact plays a crucial role, and the negative effect of Employee Involvement warrants further investigation.

4.4.2.3. Qualitative Results

4.4.2.3.1. Interview Result Analysis

The interviews conducted with seven department managers and key stakeholders within the MIDROC Investment Group's manufacturing clusters provided significant qualitative insights regarding the relationship between Kaizen Implementation and Continuous Improvement and the independent variables of Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement. These insights were critical in complementing the survey data and offering a deeper understanding of the factors driving Kaizen success in the organization.

Kaizen Implementation and Continuous Improvement

The integration of Kaizen principles into organizational practices was widely recognized as essential for enhancing operational performance, waste reduction, and overall productivity across

the MIDROC Investment Group's manufacturing clusters. Several department managers observed that when Kaizen was properly implemented, it resulted in measurable improvements in efficiency, quality, and process consistency. However, they also noted that the extent of Kaizen's success was heavily dependent on how well the independent variables—Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement—were addressed.

Leadership Commitment

a) Vision and Strategic Alignment with Kaizen Principles

The role of leadership in Kaizen Implementation and Continuous Improvement was emphasized by all stakeholders, aligning with the findings from the quantitative analysis that showed a high correlation between leadership commitment and Kaizen success. Interviewees highlighted that for Kaizen to be successful, leadership needed to provide clear vision and strategic alignment with Kaizen principles. Leaders were expected to not only articulate the importance of Kaizen but also integrate it into the company's long-term strategy.

Several department managers discussed the challenge of aligning departmental goals with Kaizen's principles of continuous improvement, waste reduction, and standardization. Some managers reported that leadership's strategic direction often lacked sufficient detail, leaving employees uncertain about the specific objectives they were supposed to pursue. This finding aligns with the survey results, which indicated that while leadership commitment was present, its execution was inconsistent.

b) Resource Allocation and Management Support

Another critical theme raised in the interviews was the allocation of resources to support Kaizen initiatives. While leadership generally communicated support for Kaizen, some department managers noted that this support did not always translate into concrete actions, such as allocating sufficient resources, time, and budget for Kaizen activities. Managers expressed frustration with insufficient investment in training, equipment, and process optimization, all of which are necessary for implementing effective Kaizen strategies. These findings resonate with the survey's observation that leadership commitment does not always significantly affect Kaizen implementation, possibly due to a lack of actionable follow-through.

c) Promotion of a Culture of Continuous Improvement

Leaders who actively promoted a culture of continuous improvement were seen as more successful in embedding Kaizen into daily operations. Some managers mentioned that where

leaders consistently emphasized Kaizen principles and acted as role models by participating in Kaizen events, there was a noticeable increase in employee buy-in. However, there was also recognition that leadership's commitment to promoting a culture of continuous improvement needed to be sustained over time, not just during the initial stages of implementation. This supports the theory that Kaizen success is a long-term commitment that requires leadership's ongoing involvement.

Measurement and Evaluation of Kaizen's Impact

a) Use of Key Performance Indicators (KPIs)

In line with the survey results that showed a very high correlation between the Measurement and Evaluation of Kaizen's Impact and successful Kaizen implementation, department managers stressed the importance of KPIs to track the effectiveness of Kaizen activities. Many emphasized that KPIs should go beyond basic productivity measures to include metrics that address quality improvements, cost reductions, and waste elimination. The interviewees suggested that, while KPIs were in place, there were inconsistencies in their application across departments. Some managers noted that KPIs were often too generic or not tailored to specific Kaizen goals, which hindered their ability to provide meaningful insights into the impact of Kaizen efforts.

b) Periodic Assessment of Kaizen Activities

Another key aspect discussed was the periodic assessment of Kaizen activities. Regular reviews were cited as essential to ensure Kaizen initiatives remained on track and to identify areas for improvement. Managers mentioned that these assessments helped in recalibrating goals and strategies, ensuring Kaizen remained relevant and adaptable to changing operational challenges. However, some stakeholders felt that periodic assessments were too infrequent or were not conducted rigorously enough to provide actionable feedback.

c) Implementation of Feedback Loops for Iterative Improvement

Feedback loops were highlighted as a crucial element in fostering continuous improvement through Kaizen. Managers observed that the success of Kaizen initiatives depended on the ability to gather and act on feedback quickly. When feedback loops were present, employees felt more engaged in the process and were able to contribute ideas that led to incremental improvements. However, some managers mentioned that while feedback mechanisms existed, they were often not acted upon swiftly, leading to employee disillusionment. This is consistent with the findings that without robust measurement and evaluation systems, Kaizen can struggle to deliver lasting improvements.

Employee Involvement

a) Participation in Kaizen Activities

Employee participation in Kaizen activities was another critical factor mentioned during the interviews. Managers and stakeholders observed that while many employees participated in suggestion systems or Kaizen events, the level of engagement varied widely across departments. In some cases, employees were very active in generating ideas for improvement, while in others, participation was low. The interviews revealed that the main barrier to participation was often a lack of proper training and empowerment. Employees who had not received sufficient training on Kaizen methods felt uncertain about their ability to contribute meaningfully to process improvements.

This finding mirrors the survey results, which indicated a high correlation between employee involvement and Kaizen success, but also highlighted that employee engagement can be inconsistent depending on the level of support and training offered.

b) Training and Empowerment to Support Process Improvement

Training was seen as essential for empowering employees to take ownership of the Kaizen process. Several department managers reported that employees who received adequate training were more confident in suggesting improvements and implementing changes. However, many stakeholders acknowledged that training programs were often one-off events, with little follow-up or reinforcement. This led to some employees becoming disengaged from Kaizen activities over time, especially when they did not see immediate results from their efforts.

Managers also emphasized the need for empowerment beyond training. Employees who were given the autonomy to make decisions and act on their ideas were more likely to sustain involvement in Kaizen initiatives. This supports the high correlation between employee involvement and Kaizen success in the survey, but also suggests that this relationship can be undermined if employees are not consistently supported and empowered.

c) Collaboration across Organizational Levels

Finally, collaboration across organizational levels was noted as a key enabler of Kaizen success. Managers observed that the most successful Kaizen initiatives were those where employees at all levels, from frontline workers to senior managers, were actively involved in problem-solving and decision-making. A lack of collaboration, particularly between departmental leaders and their teams, was seen as a barrier to effective Kaizen implementation. This collaboration not only helped to align goals but also fostered a sense of ownership and accountability among

employees, reinforcing their commitment to the continuous improvement process.

4.4.2.3.2. Document Review Results

The document review assessed MIDROC Investment Group's Kaizen practices, focusing on the integration of key variables: Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement. The analysis of strategic plans, performance reports, and training materials highlighted areas of strength and gaps in Kaizen implementation across the manufacturing clusters.

Kaizen Implementation and Continuous Improvement

Kaizen is recognized as a key strategy for operational efficiency and waste reduction across the organization, with practices like Kaizen events and 5S commonly referenced in departmental reports. However, documentation on Kaizen outcomes was inconsistent, with some clusters lacking systematic tracking of improvements, making it difficult to measure Kaizen's effectiveness across all departments.

Leadership Commitment

Vision and Strategic Alignment: Kaizen was highlighted in the strategic plan, but communication of this vision to operational teams was inconsistent. In some areas, leadership's commitment was clear, while in others, it was not effectively integrated into day-to-day activities.

Resource Allocation: While resources were allocated for Kaizen activities in some clusters, there were instances where budgets and time were insufficient to support on-going improvements, limiting the impact of Kaizen.

Culture of Continuous Improvement: Leadership's promotion of Kaizen culture was often passive, with sporadic involvement in Kaizen events. In some departments, this led to a lack of clear ownership and inconsistent adoption of continuous improvement practices.

Measurement and Evaluation of Kaizen's Impact

KPIs: Some clusters developed relevant KPIs to track Kaizen's impact, such as productivity and defect rates, but these metrics were not consistently applied across all departments.

Periodic Assessments: Periodic reviews of Kaizen activities were common in some clusters, but these assessments were not always used to drive continuous improvement. Inconsistent evaluations reduced the ability to refine processes and measure long-term success.

Feedback Loops: While some departments had strong feedback mechanisms to improve Kaizen practices, others lacked follow-up processes, which hindered sustained improvement efforts.

Employee Involvement

Participation in Kaizen Activities: Employee engagement in Kaizen was varied, with some clusters actively involving frontline workers, while others reported low participation due to unclear communication or insufficient support.

Training and Empowerment: Training on Kaizen principles was available but inconsistent in quality and frequency. In some areas, employees were empowered to take ownership of improvement activities, while in others; involvement was more limited and top-down.

Collaboration across Levels: In the most successful departments, collaboration between leadership and employees in Kaizen activities was emphasized. However, siloed departments and a lack of cross-functional collaboration in some areas hindered the full potential of Kaizen initiatives.

CHAPTER FIVE

5. SUMMARY, CONCLUSION AND RECOMMENDATION

5.1. Summary of Major Findings

The analysis of Kaizen implementation across MIDROC Investment Group's manufacturing clusters, combining descriptive, correlation, regression, ANOVA, and variance results, provides valuable insights into the organizational dynamics driving continuous improvement. The study focused on the key variables of Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement, which are essential for the successful integration of Kaizen principles.

The analysis provided a comprehensive view of the Kaizen Implementation and Continuous Improvement process at MIDROC Investment Group, integrating the results from descriptive statistics, correlation, regression, ANOVA, and variance analyses. This approach examined the roles of key independent variables—Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement—and their influence on the successful implementation of Kaizen practices across the manufacturing clusters of the group.

Kaizen Implementation and Continuous Improvement were assessed based on the mean score of 3.92, which indicates a moderate level of adoption across the organization. The standard deviation of 0.87 reveals considerable variation between departments, suggesting that while some clusters have integrated Kaizen principles effectively, others may be facing challenges in fully adopting these practices. The variance of 0.756 further supports this variability, indicating differing levels of implementation success.

In terms of Leadership Commitment, the correlation analysis revealed a high positive correlation ($r = 0.627$, $p < 0.01$) with Kaizen Implementation, suggesting that a stronger commitment from leadership is associated with more successful Kaizen integration. However, when subjected to regression analysis, Leadership Commitment exhibited a regression coefficient of $B = 0.527$, with a p-value of 0.078, indicating a positive but non-significant relationship at the 5% level. This result implies that while leadership support is important, its impact alone may not be sufficient to drive Kaizen success across all clusters. The ANOVA results further indicated that Leadership Commitment had a significant effect in some departments, but the effect was not consistent across all clusters, underlining the need for more uniform leadership engagement in Kaizen activities.

Measurement and Evaluation of Kaizen's Impact showed a very high positive correlation ($r = 0.830$, $p < 0.01$) with Kaizen Implementation, which highlights the critical role that robust performance tracking and regular evaluations play in driving continuous improvement. In the regression analysis, this variable showed a strong positive and significant effect ($B = 1.229$, $p < 0.001$), further emphasizing that organizations with structured feedback loops, KPIs, and periodic assessments are better able to sustain Kaizen efforts. The variance for this variable was 0.62, and the standard deviation was 0.79, suggesting that departments with well-established evaluation frameworks demonstrated better results in Kaizen implementation. This underscores the importance of maintaining rigorous evaluation processes across the organization.

Regarding Employee Involvement, the correlation analysis showed a high positive correlation ($r = 0.626$, $p < 0.01$) with Kaizen Implementation. This suggests that greater employee participation in Kaizen activities, such as suggestion systems and Kaizen events, is positively associated with more successful implementation. However, the regression analysis revealed a negative relationship ($B = -0.892$, $p = 0.003$) with Kaizen outcomes. This finding indicates that, in some departments, higher employee involvement may not always lead to positive Kaizen results, potentially due to challenges in engagement or empowerment. The ANOVA results showed significant variation in employee involvement across departments, with clusters that had more engaged employees generally showing better Kaizen outcomes, though some departments still struggled with fostering consistent employee participation.

The overall regression model showed a strong relationship between the independent variables and Kaizen Implementation, with an R-square value of 0.728, meaning that 72.8% of the variance in Kaizen outcomes could be explained by Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement. The F-statistic of 222.619 ($p < 0.001$) confirmed the statistical significance of the model, indicating that the predictors collectively have a meaningful impact on the success of Kaizen initiatives.

5.2. Conclusion

This study examined the implementation of Kaizen principles within the MIDROC Investment Group manufacturing clusters, focusing on the relationship between Leadership Commitment, Measurement and Evaluation of Kaizen's Impact, and Employee Involvement with Kaizen Implementation and Continuous Improvement. Through descriptive statistics, correlation, regression analysis, and ANOVA, the research identified key factors influencing the success of Kaizen practices and highlighted areas for improvement within the organization.

The results indicated that Kaizen has been moderately implemented across the manufacturing clusters, with varying levels of success. Leadership Commitment showed a positive but non-significant correlation with Kaizen outcomes, suggesting that while leadership support is essential, it may not be the sole driver of successful Kaizen implementation. The need for more consistent leadership engagement and alignment with Kaizen principles was identified as an area for further improvement.

On the other hand, Measurement and Evaluation of Kaizen's Impact emerged as the most significant predictor of successful Kaizen implementation, with a strong positive correlation and statistically significant regression coefficient. This reinforces the idea that robust measurement systems, such as KPIs and regular evaluations, are crucial for sustaining Kaizen practices and driving continuous improvement. Organizations with well-defined feedback loops and performance tracking mechanisms are more likely to achieve long-term success in Kaizen.

Employee Involvement, despite its positive correlation with Kaizen outcomes, exhibited a negative and significant regression coefficient. This suggests that in some departments, higher employee involvement did not always lead to better Kaizen results. Further exploration of the challenges surrounding employee engagement, training, and empowerment is necessary to understand the reasons behind this negative relationship and how it can be addressed.

5.3. Recommendation

Based on the findings from this study, several recommendations are made to enhance the successful implementation of Kaizen within the MIDROC Investment Group's manufacturing clusters. These recommendations aim to address the identified challenges and leverage the strengths found in the research.

- **Strengthen Leadership Commitment and Alignment:** While leadership commitment showed a positive correlation with Kaizen implementation, the lack of statistical significance suggests that the engagement of leadership may not be as consistent or impactful as required. It is recommended that leadership take a more active role in aligning strategic goals with Kaizen principles. This includes setting clear, Kaizen-related objectives, providing sufficient resources, and ensuring regular communication about the importance of continuous improvement. Leadership can also benefit from training in Kaizen methodologies to enhance their understanding and ability to drive the initiative effectively.

- **Enhance Measurement and Evaluation Systems:** The study found that the **Measurement and Evaluation of Kaizen's Impact** is the most significant factor influencing Kaizen success. To build on this, MIDROC Investment Group should continue to refine its performance measurement tools, such as KPIs, and ensure that these are aligned with the core goals of Kaizen. Regular assessments and feedback loops should be integrated into daily operations to allow for on-going improvements. This will not only track progress but also create an adaptive learning environment where adjustments can be made in real-time to optimize Kaizen activities.
- **Address Challenges in Employee Involvement:** While **Employee Involvement** is a critical component of Kaizen, the negative relationship found in the regression analysis suggests that increased involvement does not always translate into better outcomes. It is essential to investigate the barriers to effective employee participation. Recommendations include revisiting training programs to ensure employees have the necessary skills and knowledge to actively engage in improvement activities. Additionally, efforts should be made to empower employees at all levels to contribute ideas and solutions, especially through Kaizen events and suggestion systems, while addressing potential disengagement or lack of ownership in some areas.
- **Foster a Kaizen Culture across All Levels:** To sustain the gains from Kaizen, MIDROC Investment Group must create a culture that permeates throughout the organization. This involves not only top-down leadership but also bottom-up engagement. Managers should encourage collaboration, recognize small wins, and support cross-functional teams to solve problems collectively. It is also essential to promote the value of continuous improvement as part of the company's core identity, ensuring that all employees see Kaizen as a daily practice rather than a one-off initiative.
- **Invest in Continuous Training and Development:** A successful Kaizen culture requires constant development and refinement of skills at all organizational levels. It is recommended that MIDROC Investment Group invest in continuous Kaizen training, not only for leadership but for all employees. This could involve specialized Kaizen workshops, cross-training between departments, and sharing best practices across the company. Such initiatives will enhance employees' problem-solving abilities and improve the overall effectiveness of Kaizen initiatives.

By implementing these recommendations, MIDROC Investment Group can improve its Kaizen implementation, optimize its continuous improvement efforts, and drive long-term operational

success.

5.4. Future Research Directions

Future research can build on this study by exploring several areas. First, longitudinal studies could track Kaizen's long-term effects, offering insights into sustained improvements and challenges. Additionally, exploring organizational culture and its impact on Kaizen success could help understand how values and employee attitudes influence continuous improvement efforts.

Research could also examine sector-specific applications of Kaizen, comparing its effectiveness across industries beyond manufacturing, such as services or healthcare. Another promising area is the integration of digital tools and technologies with Kaizen, particularly how automation and data analytics can enhance continuous improvement.

Further investigation into employee motivation and perception is needed, especially considering the negative relationship found between employee involvement and Kaizen implementation. Qualitative studies could reveal why employees might resist Kaizen initiatives. Additionally, cross-cultural studies could provide insights into how different cultural contexts affect Kaizen adoption, helping tailor strategies for global organizations.

Lastly, financial impact research would quantify the cost savings and ROI of Kaizen, strengthening its business case for broader implementation. These directions would enrich the understanding of Kaizen's practical applications and its role in driving organizational success.

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APPENDIX I

SAINT MARY UNIVERSITY

A: Questionnaire

Dear Respondent,

Thank you for participating in this survey. The purpose is to gather insights on Kaizen implementation within your organization, focusing on leadership commitment, employee involvement, and the measurement of its impact on performance. Your responses will help identify key factors contributing to the effectiveness of Kaizen practices.

Please indicate your level of agreement with each statement based on your experience. Your responses will remain confidential and be used for research purposes only.

Thank you for your cooperation.

Sincerely,

Instruction

- ❖ Please tick one of the correct answers with an (✓)
- ❖ Please answer all questions.

The researcher would like to thank you in advance for your cooperation.

Demographic Information

1. Gender of respondent

Male (1) Female (2)

2. Age of respondent

Less than 25 (1) 26-35 (2) 36-45 (3) 46-55 (4) Above 56 (5)

3. Educational background of respondent

Secondary (1) Diploma (2) Degree (3) Master Degree (4) (5) Above Masters

4. Marital status?

Single (1) Married (2) Divorced (3)

5. Monthly Income?

5,000 (1) 5001-10,000 (2) 10,001-20,000 (3) 20,001-30,000 (4) above 30,000

Study Focused Questionnaire

Note: Strongly Agree = 5, Agree = 4, Neutral = 3, Disagree = 2, Strongly Disagree = 1

| S/N | Measuring Variables | Likert's Rating scale | | | | |
|---|--|-----------------------|--|--|--|--|
| 1. Leadership Commitment (Independent Variable) | | | | | | |
| 1.1. | Management is fully committed to the principles of Kaizen. | | | | | |
| 1.2. | Leadership ensures that sufficient resources are allocated for Kaizen initiatives. | | | | | |
| 1.3. | Top management actively participates in Kaizen activities and events. | | | | | |
| 1.4. | The company's leadership promotes a culture of continuous improvement at all levels. | | | | | |
| 2. Measurement and Evaluation of Kaizen's Impact (Independent Variable) | | | | | | |
| 2.1. | We use Key Performance Indicators (KPIs) to track the effectiveness of Kaizen initiatives. | | | | | |
| 2.2. | Kaizen activities are regularly evaluated for their impact on operational performance. | | | | | |
| 2.3. | Feedback from Kaizen activities is actively used to improve future initiatives. | | | | | |
| 2.4. | The outcomes of Kaizen initiatives are measured and communicated to employees. | | | | | |
| 3. Employee Involvement (Independent Variable) | | | | | | |
| 3.1. | Employees are encouraged to actively participate in Kaizen activities. | | | | | |
| 3.2. | Adequate training is provided to employees to support Kaizen-related improvements. | | | | | |
| 3.3. | Employees are empowered to propose changes in their work processes. | | | | | |
| 3.4. | There is a high level of collaboration between employees in Kaizen initiatives. | | | | | |
| 4. Kaizen Implementation and Continuous Improvement (Dependent Variable) | | | | | | |
| 4.1. | Kaizen principles are well-integrated into our organization's daily operations. | | | | | |
| 4.2. | Kaizen activities have improved our production efficiency. | | | | | |
| 4.3. | There has been a noticeable reduction in waste due to Kaizen | | | | | |

| S/N | Measuring Variables | Likert's Rating scale | | | | |
|------|---|-----------------------|--|--|--|--|
| | implementation. | | | | | |
| 4.4. | Kaizen has contributed to the continuous improvement of product quality in our company. | | | | | |

Thank You for Your Time!

APPENDIX II

SAINT MARY UNIVERSITY

B: Interview Guide: Kaizen Implementation and Continuous Improvement

Introduction:

Thank you for agreeing to participate in this interview. The goal is to understand the implementation of Kaizen principles in your organization and the factors contributing to its success. The discussion will cover areas like leadership commitment, employee involvement, and the measurement of Kaizen's impact. Please feel free to share your honest thoughts, as your insights will help improve future Kaizen initiatives.

Section 1: Kaizen Implementation and Continuous Improvement

1. **Can you describe how Kaizen principles are integrated into your daily operations?**
 - (Probe: What specific activities or practices are used to encourage continuous improvement?)
2. **What changes have you observed in production efficiency since Kaizen was introduced?**
 - (Probe: Can you share any specific examples or metrics that highlight improvements?)
3. **Has Kaizen contributed to a reduction in waste or inefficiency?**
 - (Probe: Are there specific areas where waste reduction is noticeable?)
4. **In your opinion, how has Kaizen impacted the overall quality of products or services?**
 - (Probe: Could you provide any examples of quality improvements?)

Section 2: Leadership Commitment

1. **How committed do you think management is to the principles of Kaizen?**
 - (Probe: How do they demonstrate this commitment in day-to-day operations?)
2. **Does leadership ensure that sufficient resources (time, money, tools) are allocated for Kaizen activities?**
 - (Probe: Can you provide examples of resources provided?)
3. **In what ways does top management actively participate in Kaizen activities?**
 - (Probe: Are there any specific events or initiatives where leadership is involved?)

4. **How does leadership foster a culture of continuous improvement within the organization?**
 - (Probe: Do they encourage innovation and the sharing of ideas among employees?)

Section 3: Measurement and Evaluation of Kaizen's Impact

1. **How do you track the success of Kaizen activities within your organization?**
 - (Probe: Do you use KPIs or other performance metrics?)
2. **How often are Kaizen activities evaluated for their impact on operations?**
 - (Probe: Are there any formal reviews or feedback mechanisms in place?)
3. **Is feedback from Kaizen activities used to improve future initiatives?**
 - (Probe: Can you provide examples of how feedback has led to improvements?)
4. **How are the results of Kaizen initiatives communicated to employees?**
 - (Probe: Are the outcomes shared through meetings, reports, or other methods?)

Section 4: Employee Involvement

1. **How are employees encouraged to participate in Kaizen activities?**
 - (Probe: Are there incentives or recognition for participation?)
2. **What kind of training or support is provided to employees for Kaizen-related improvements?**
 - (Probe: Is training offered regularly, and how is it structured?)
3. **Do employees have the authority to propose changes in their work processes?**
 - (Probe: Can you provide an example of an employee-driven improvement?)
4. **How collaborative are employees in working together on Kaizen initiatives?**
 - (Probe: Are there team-based efforts or cross-functional collaboration?)

Conclusion:

- Is there anything else you would like to share about your experience with Kaizen in your organization?
- What do you believe are the key factors for successful Kaizen implementation?

Closing:

Thank you for your time and valuable insights. Your feedback is crucial for understanding how Kaizen is impacting your organization and how it can be further improved.